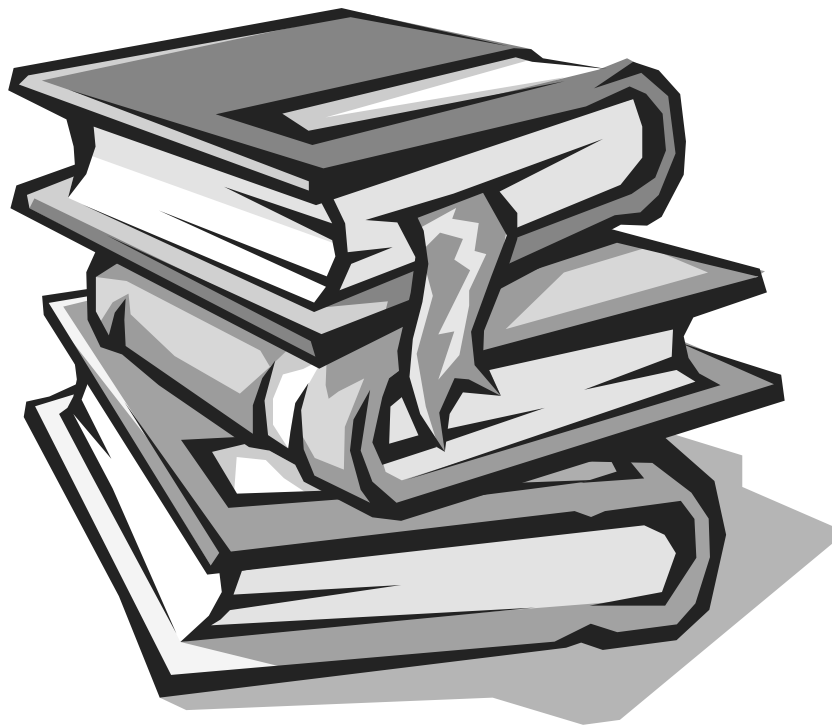


**NEW HAMPSHIRE YOUTH  
RISK BEHAVIOR SURVEY  
COMMUNITY LEVEL REPORT**

**2009**



**WHITE MOUNTAINS**

## 2009 YOUTH RISK BEHAVIOR SURVEY

# INTRODUCTION: New Hampshire High School Youth Risk Behavior Survey (YRBS)

### The New Hampshire 2009 YRBS State Report

The Youth Risk Behavior Survey (YRBS) in New Hampshire is a high school youth health risk behavior assessment tool designed and administered by the Centers for Disease Control and Prevention (CDC). The survey is conducted biennially under the auspices of the New Hampshire Department of Education (NHDE) in partnership with the Department of Health and Human Services (DHHS).

Using funds and technical support provided by the CDC, the NHDE obtains a representative sample of high school students by randomly selecting high schools and classroom sessions within schools. Individual students are not randomly selected to participate. Instead, students attending a regularly scheduled class (which was randomly selected) voluntarily and anonymously provide responses to YRBS questions. Individual students in any selected classroom are given the option of not participating.

In the 2009 YRBS, sixty-eight New Hampshire school districts were randomly selected and agreed to participate at the high school level (grades 9–12). Valid data were obtained from 1493 high school students. After subjecting the records to logical edits, CDC weighted, analyzed, and delivered the aggregated 2007 YRBS report to the NHDE.<sup>1</sup>

**The 2009 YRBS results, referred to here collectively as the State Report, are actually a series of reports published on the NHDE’s website. The reports constitute weighted estimates for youth risk behaviors in New Hampshire and are reviewed and approved as valid by the NHDE.**

### The Local Level 2009 YRBS Community Report

In 2001 and 2003, the New Hampshire Department of Health and Human Services administered the YRBS instrument to all students in grades 9-12 at self-selected local high schools for the purpose of community assessment. For those participating communities, the assessment program provided local youth risk behavior data for a large proportion of the youth population (grades 9-12). The data were delivered as a report to the local high schools and was understood to be a community level YRBS report.

With the advent of the Strategic Prevention Framework State Incentive Grant (SPF SIG), the Division of Public Health Services, DHHS, continued the community assessment program using the YRBS instrument. In 2005 and 2007 the Community Reports became an evaluation and assessment product of the SPF Program housed in the Bureau of Prevention Services. Although

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<sup>1</sup> <http://www.ed.state.nh.us/education/doe/organization/instruction/HealthHIVAIDS/youthrisk.htm>

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the YRBS was the data collection instrument, the Community Reports were understood to be substantially different in purpose and content from the State Report published by NHDE.

In the 2009 YRBS community assessment initiative, 59 communities participated in the local survey. The participation rate in schools ranged from 49% to 94% of the school population (grades 9-12). The average community participation rate was 74%. The total valid number of student respondents from all 59 communities was 30,332 (47% of the entire NH high school student enrollment reported by the NHDE in October 2008). Community Reports are made available to the principal and superintendent of each participating high school.

### Caveats and Limitations of Student Surveys

Any survey process has caveats, limitations and other factors (both external and internal) that have the potential of either biasing or otherwise generating misleading results. Several are mentioned below, but the list is far from exhaustive.

For example, some students are not in school the day of survey administration for a variety of reasons. Students who know that a survey will be administered in class that day may decide to be elsewhere. Students who skip school or who skip certain activities may have a different risk profile than the general community youth population actually participating, thus biasing the results slightly.

There is also the possibility of response fabrication. Although edit checks are employed to detect illogical or nonsensical responses, students who complete surveys can provide invalid, unreliable, or inaccurate responses that are undetectable. Some students do not respond truthfully to surveys or are just apathetic to the task. Some students may try to appear socially as more or less at risk, making surveys susceptible to socially desirable responses. In still other cases, parents do not permit youth to be exposed to or quizzed about sensitive social issues, even anonymously.

### Caveats and Limitations of the Community Level Report

Although the Community Reports and the approved State Report employ the same YRBS questionnaire to collect data, the processes used to analyze the data and construct the Community Reports are substantially different from those used at the CDC. The Community Reports use the same logical edits as used by the CDC, but calculation of rates sometimes (but infrequently) differs from the State Report.

The Community Report intends that all issues involved in calculating rates are made clear in the wording of the item. As discussed in the footnote below, all rate calculations in the Community Report are internally consistent, meaning that local community rates as stated in the report are consistent with the overall rate calculated for all students participating in the community survey.

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### Issues of Attribution

Readers of the Community Report may tend to associate (correlate) the data in the Community Report with activities of the high school identified on the report. Of course, the local high school is the place where a community's youth gather for educational and other vital community related activities, and the school is the administrative (and often fiscal) vehicle that made the YRBS data collection and Community Report possible. However, just as the State Report bears no relation to any particular high school at which data were collected, the Community Report also measures community behavior that may bear little relation to the high school at which the data were collected.

There are in fact no measurements on the YRBS for the school or town level. All data (school, sex, or grade in school) are aggregated from individual level data. In other words, the Community Report reflects students' behavior at home, at work, in the family, in social situations, and in the community at large, as well as at school; but the report does not reflect the behavior of the school per se.

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## **2009 Youth Risk Behavior Survey Questionnaire**

# **INSTRUCTIONS: How To Read This Report**

This Community Level Report is arranged in four sections:

- General Demographic items ( Body Mass Index -- a combination of height, weight, and age is not included in this report);
- Comparison of the community (school) rate to the Overall Rate for each YRBS item. **The Overall Rate is based on responses of all 30,332 students from all communities that participated in the local surveys;**
- Comparison of each rate by sex (local school only);
- Comparison of each rate by grade in school (local school only).

## **GENERAL DEMOGRAPHIC ITEMS**

Questions 1-5 on the YRBS are presented as frequency tables with counts and percentages of responses for each item. The Race item is presented in terms of each Race category that could be mentioned by the student (more than one response category was possible). The Race categories were: American Indian or Alaskan Native; Asian; Black or African American; Native Hawaiian or Other Pacific Islander; White.

## **COMPARISON OF THE COMMUNITY (SCHOOL) RATE TO THE OVERALL RATE**

Questions 8-98 on the YRBS are presented as calculated rates (percentages) based on aggregated student responses to an item. Items are grouped into categories (e.g., Grades in School, Weapons, Sexual Activity, Alcohol, etc.). The local community or school rate is compared with an Overall Rate. The Overall Rate is the rate obtained from all 30,332 students who participated in the local surveys.

## **COMPARISON OF EACH RATE BY SEX**

Questions 8-98 on the YRBS are presented as calculated rates (percentages) based on aggregated student responses to an item by the sex of students. Items are grouped into categories (e.g., Grades in School, Weapons, Sexual Activity, Alcohol, etc.).

## **COMPARISON OF EACH RATE BY GRADE IN SCHOOL**

Questions 8-98 on the YRBS are presented as calculated rates (percentages) based on aggregated student responses to an item by grade in school of students. Items are grouped into categories (e.g., Grades in School, Weapons, Sexual Activity, Alcohol, etc.).

# DEMOGRAPHIC DATA

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*Age*  
*Sex*  
*Grade In School*  
*Hispanic Or Latino*  
*Race*

## 2009 YOUTH RISK BEHAVIOR SURVEY

### Frequency Table

#### Age(a)

|                |                       | Frequency  | Percent      | Valid Percent | Cumulative Percent |
|----------------|-----------------------|------------|--------------|---------------|--------------------|
| <b>Valid</b>   | 14 years old          | 44         | 12.6         | 12.6          | 12.6               |
|                | 15 years old          | 73         | 20.9         | 21.0          | 33.6               |
|                | 16 years old          | 86         | 24.6         | 24.7          | 58.3               |
|                | 17 years old          | 84         | 24.0         | 24.1          | 82.5               |
|                | 18 years old or older | 61         | 17.4         | 17.5          | 100.0              |
|                | <b>Total</b>          | <b>348</b> | <b>99.4</b>  | <b>100.0</b>  |                    |
| <b>Missing</b> |                       | 2          | .6           |               |                    |
| <b>Total</b>   |                       | <b>350</b> | <b>100.0</b> |               |                    |

a School ID = WHITE MOUNTAINS

#### Sex(a)

|                |              | Frequency  | Percent      | Valid Percent | Cumulative Percent |
|----------------|--------------|------------|--------------|---------------|--------------------|
| <b>Valid</b>   | Female       | 171        | 48.9         | 49.1          | 49.1               |
|                | Male         | 177        | 50.6         | 50.9          | 100.0              |
|                | <b>Total</b> | <b>348</b> | <b>99.4</b>  | <b>100.0</b>  |                    |
| <b>Missing</b> |              | 2          | .6           |               |                    |
| <b>Total</b>   |              | <b>350</b> | <b>100.0</b> |               |                    |

a School ID = WHITE MOUNTAINS



## 2009 YOUTH RISK BEHAVIOR SURVEY

### Grade(a)

|                |                         | Frequency  | Percent      | Valid Percent | Cumulative Percent |
|----------------|-------------------------|------------|--------------|---------------|--------------------|
| <b>Valid</b>   | 9th grade               | 86         | 24.6         | 24.6          | 24.6               |
|                | 10th grade              | 80         | 22.9         | 22.9          | 47.6               |
|                | 11th grade              | 80         | 22.9         | 22.9          | 70.5               |
|                | 12th grade              | 102        | 29.1         | 29.2          | 99.7               |
|                | Ungraded or other grade | 1          | .3           | .3            | 100.0              |
|                | <b>Total</b>            | <b>349</b> | <b>99.7</b>  | <b>100.0</b>  |                    |
| <b>Missing</b> |                         | 1          | .3           |               |                    |
| <b>Total</b>   |                         | <b>350</b> | <b>100.0</b> |               |                    |

a School ID = WHITE MOUNTAINS

### Hispanic or Latino(a)

|                |              | Frequency  | Percent      | Valid Percent | Cumulative Percent |
|----------------|--------------|------------|--------------|---------------|--------------------|
| <b>Valid</b>   | Yes          | 16         | 4.6          | 4.6           | 4.6                |
|                | No           | 330        | 94.3         | 95.4          | 100.0              |
|                | <b>Total</b> | <b>346</b> | <b>98.9</b>  | <b>100.0</b>  |                    |
| <b>Missing</b> |              | 4          | 1.1          |               |                    |
| <b>Total</b>   |              | <b>350</b> | <b>100.0</b> |               |                    |

a School ID = WHITE MOUNTAINS

## 2009 YOUTH RISK BEHAVIOR SURVEY

### Race(a)

|              |   | Frequency    | Percent     | Valid Percent | Cumulative Percent |
|--------------|---|--------------|-------------|---------------|--------------------|
| Valid        | White   | 322          | 92.0        | 93.1          | 93.1               |
|              | Native Hawaiian or Other Pacific Islander                               | 1            | .3          | .3            | 93.4               |
|              | Black or African American, and White                                    | 2            | .6          | .6            | 93.9               |
|              | Black or African American and Native Hawaiian or Other Pacific Islander | 1            | .3          | .3            | 94.2               |
|              | Asian   | 6            | 1.7         | 1.7           | 96.0               |
|              | American Indian or Alaskan Native                                       | 6            | 1.7         | 1.7           | 97.7               |
|              | American Indian or Alaskan Native and White                             | 7            | 2.0         | 2.0           | 99.7               |
|              | American Indian or Alaskan Native, and White                            | 1            | .3          | .3            | 100.0              |
|              | <b>Total</b>  | <b>346</b>   | <b>98.9</b> | <b>100.0</b>  |                    |
| Missing      | 4   | 1.1          |             |               |                    |
| <b>Total</b> | <b>350</b>  | <b>100.0</b> |             |               |                    |

a School ID = WHITE MOUNTAINS

DATA BY TOPIC:

# COMPARISON OF INDIVIDUAL SCHOOL RATES TO OVERALL STUDENT RATE

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- School Performance and Community Relations
- Safety
- Sexual Behavior
- Suicide
- Weight, Food, and Physical Activity
- Health Related
- Tobacco Use
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## 2009 YOUTH RISK BEHAVIOR SURVEY

### School Performance and Community Relations

|   | School ID          |         |
|---|--------------------|---------|
|   | WHITE<br>MOUNTAINS | OVERALL |
|   | %                  | %       |
| Q8. Percentage of students who describe their grades as mostly Ds or Fs   | 7.7                | 6.2     |
| Q77. Percentage of students who agree or strongly agree their parents or other adults in their family have clear rules and standards for their behavior   | 77.9               | 80.6    |
| Q78. Percentage of students who performed any organized community service as a non-paid volunteer, such as serving meals to the elderly, picking up litter, helping out at a hospital, or building homes for the poor one or more times during the past 30 days | 40.9               | 39.0    |
| Q79. Percentage of students who, during an average week, spend one or more hours in clubs or organizations (other than sports) outside of school, such as 4-H, Boys and Girls Clubs, YWCA, or YMCA  | 45.3               | 40.1    |
| Q80. Percentage of students who agree or strongly agree that they feel like they matter to people in their community  | 43.0               | 42.8    |

### Safety

|  | School ID          |         |
|--|--------------------|---------|
|  | WHITE<br>MOUNTAINS | OVERALL |
|  | %                  | %       |
| Q9. Percentage of students who never or rarely wore a helmet when riding a bicycle in the past 12 months   | 74.7               | 62.8    |
| Q10. Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else   | 12.0               | 11.4    |
| Q11. Percentage of students who rode in a car or other vehicle driven by someone who had been drinking alcohol one or more times during the past 30 days     | 23.4               | 23.1    |
| Q12. Percentage of students who drove a car or other vehicle after drinking alcohol one or more times during the past 30 days                                | 11.2               | 8.1     |
| Q13. Percentage of students who carried a gun, knife, or club on school property during the past 30 days   | 14.9               | 7.6     |
| Q14. Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school on one or more of the past 30 days | 5.7                | 4.4     |
| Q15. Percentage of students who were in a physical fight one or more times during the past 12 months   | 25.7               | 26.2    |
| Q16. Percentage of students who were injured in a physical fight and had to be treated by a doctor or nurse one or more times during the past 12 months      | 2.9                | 3.4     |
| Q17. Percentage of students who were in a physical fight on school property on one or more times during the past 12 months                                   | 10.1               | 9.5     |
| Q18. Percentage of students who were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months                  | 8.6                | 8.1     |
| Q19. Percentage of students who have ever been physically forced to have sexual intercourse when they did not want to  | 8.3                | 6.5     |
| Q20. Percentage of students who have been bullied on school property in the past 12 months   | 28.6               | 21.8    |

## 2009 YOUTH RISK BEHAVIOR SURVEY

### Sexual Behavior

|  | School ID<br>WHITE<br>MOUNTAINS | OVERALL |
|--|---------------------------------|---------|
|  | %                               | %       |
| Q52. Percentage of students who ever had sexual intercourse  | 51.9                            | 43.5    |
| Q53. Percentage of students who had sexual intercourse for the first time before age 13 years  | 4.4                             | 4.1     |
| Q53X. Of those who have had sexual intercourse, the percentage of students who had sexual intercourse for the first time before age 13 years               | 8.5                             | 9.4     |
| Q54. The percentage of students who had sexual intercourse with four or more people during their life  | 13.6                            | 10.9    |
| Q54X. Of those who have had sexual intercourse, the percentage of students who had sexual intercourse with four or more people during their life           | 26.3                            | 25.2    |
| Q55. Percentage of students who had sexual intercourse with one or more people during the past 3 months  | 40.3                            | 33.0    |
| Q55X. Of those who have had sexual intercourse, the percentage of students who had sexual intercourse with one or more people during the past 3 months     | 78.1                            | 76.1    |
| Q56. Among students who had sexual intercourse, the percentage who drank alcohol or used drugs before last sexual intercourse                              | 19.4                            | 20.4    |
| Q57. Among students who had sexual intercourse, the percentage who used a condom during last sexual intercourse  | 68.8                            | 64.2    |
| Q58BX Among students who had sexual intercourse, the percentage who used no method to prevent pregnancy during last sexual intercourse                     | 5.8                             | 8.2     |
| Q58CX Among students who had sexual intercourse, the percentage who used birth control pills to prevent pregnancy during last sexual intercourse           | 30.8                            | 27.7    |
| Q58DX Among students who had sexual intercourse, the percentage who used condoms to prevent pregnancy during last sexual intercourse                       | 45.3                            | 47.7    |
| Q58EX Among students who had sexual intercourse, the percentage who used Depo-Provera to prevent pregnancy during last sexual intercourse                  | 4.7                             | 2.7     |
| Q58HX Among students who had sexual intercourse, the percentage who were not sure what method was used to prevent pregnancy during last sexual intercourse | 2.3                             | 3.2     |
| Q59. Percentage of students who had bisexual contact (with both females and males) during their life   | 3.5                             | 4.1     |
| Q59B. Among students who had sexual contact with another person, the percentage who had contact with females   | 49.3                            | 48.2    |
| Q59C. Among students who had sexual contact with another person, the percentage who had contact with males   | 45.3                            | 45.0    |
| Q59D. Among students who had sexual contact with another person, the percentage who had bisexual contact (with both females and males)                     | 5.4                             | 6.9     |

## 2009 YOUTH RISK BEHAVIOR SURVEY

### Suicide

|  | School ID       |             |
|--|-----------------|-------------|
|  | WHITE MOUNTAINS | OVERALL     |
|  | %               | %           |
| Q21. Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row during the past 12 months that they stopped doing some usual activities                      | <i>25.1</i>     | <i>24.2</i> |
| Q22. Percentage of students who seriously considered attempting suicide during the past 12 months  | <i>12.6</i>     | <i>13.4</i> |
| Q23. Percentage of students who made a plan about how they would attempt suicide during the past 12 months   | <i>12.3</i>     | <i>10.2</i> |
| Q24. Percentage of students who actually attempted suicide one or more times during the past 12 months   | <i>4.2</i>      | <i>5.4</i>  |
| Q25. Percentage of students whose suicide attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse during the past 12 months                                | <i>1.8</i>      | <i>1.5</i>  |
| Q25X. Of those students who made a suicide attempt, the percentage whose attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse during the past 12 months | <i>42.9</i>     | <i>27.0</i> |

## 2009 YOUTH RISK BEHAVIOR SURVEY

### Weight, Food, and Physical Activity

|   | School ID       |         |
|---|-----------------|---------|
|   | WHITE MOUNTAINS | OVERALL |
|   | %               | %       |
| Q60. Percentage of students who describe themselves as very overweight  | 5.4             | 4.0     |
| Q60X. Percentage of students who describe themselves as slightly or very overweight   | 29.4            | 28.8    |
| Q61X. Percentage of students who are trying to lose weight  | 45.3            | 44.5    |
| Q61Y. Percentage of students who are trying to gain weight  | 10.9            | 13.4    |
| Q62. Percentage of students who in the past 30 days exercised to lose weight or keep from gaining weight  | 57.6            | 60.6    |
| Q63. Percentage of students who in the past 30 days ate less food, fewer calories, or foods low in fat to keep from gaining weight                              | 39.4            | 39.8    |
| Q64. Percentage of students who in the past 30 days did not eat for 24 hours or more to keep from gaining weight  | 12.4            | 9.9     |
| Q65. Percentage of students who in the past 30 days took diet pills, powders, or liquids without a doctors advice to lose weight or to keep from gaining weight | 4.3             | 4.1     |
| Q66. Percentage of students who in the past 30 days took laxatives or vomited to lose weight or to keep from gaining weight                                     | 4.3             | 3.7     |
| Q67. Percentage of students who sometimes or more often go hungry because there is not enough food in the home  | 10.3            | 11.4    |
| Q67X. Percentage of students who most of the time or always go hungry because there is not enough food in the home  | 2.9             | 2.9     |
| Q68. Percentage of students who drank three or more glasses of milk a day on during the past seven days   | 24.0            | 22.5    |
| Q69. Percentage of students who drank soda or pop on one or more times during the past seven days   | 27.4            | 20.5    |
| Q70. Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days                        | 45.4            | 45.6    |
| Q71. Percentage of students who watched three or more hours per day of TV on an average school day  | 28.2            | 25.2    |
| Q72. Percentage of students who use a computer for non-school related activities for three or more hours on an average school day                               | 22.9            | 25.1    |
| Q73. Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school                        | 38.0            | 35.3    |

## 2009 YOUTH RISK BEHAVIOR SURVEY

### Health Related

|  | School ID          |         |
|--|--------------------|---------|
|  | WHITE<br>MOUNTAINS | OVERALL |
|  | %                  | %       |
| Q74. Percentage of students who had ever been taught in school about AIDS or HIV infection   | 86.3               | 87.8    |
| Q75. Percentage of students who saw a doctor or nurse for a check up or physical exam when not sick or injured in the past 12 months | 68.0               | 68.1    |
| Q75X. Percentage of students who have not seen a doctor or nurse for a check up or physical exam in the past two years               | 8.0                | 6.8     |
| Q76. Percentage of students who saw a dentist for a check up, exam, teeth cleaning, or other dental work during the past 12 months   | 77.7               | 80.1    |
| Q76X. Percentage of students who have not seen a dentist for a check up, exam, teeth cleaning, or other dental work                  | 5.4                | 5.6     |

### Tobacco Use

|  | School ID          |         |
|--|--------------------|---------|
|  | WHITE<br>MOUNTAINS | OVERALL |
|  | %                  | %       |
| Q26. Percentage of students who smoked a whole cigarette for the first time before age 13 years                | 12.9               | 9.9     |
| Q27. Percentage of students who smoked cigarettes on one or more of the past 30 days                           | 26.9               | 18.7    |
| Q28. Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days         | 16.0               | 7.9     |
| Q29. Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days | 18.6               | 15.6    |

### Tobacco - Perception of Harm, Perception of Wrongness, Ease of Acquisition

|  | School ID          |         |
|--|--------------------|---------|
|  | WHITE<br>MOUNTAINS | OVERALL |
|  | %                  | %       |
| Q81. Percentage of students who think people are at no risk harming themselves, physically or in other ways, if they smoke one or more packs of cigarettes per day | 3.7                | 3.8     |
| Q89. Percentage of students who think it is wrong or very wrong if someone their age smokes cigarettes   | 60.2               | 67.7    |
| Q93. Percentage of students whose parents think it is wrong or very wrong if someone their age smokes cigarettes   | 85.1               | 87.4    |
| Q96. Percentage of students who think it would be easy or very easy to get some cigarettes   | 75.0               | 68.0    |



## 2009 YOUTH RISK BEHAVIOR SURVEY

### Alcohol Use

|  | School ID<br>WHITE<br>MOUNTAINS | OVERALL |
|--|---------------------------------|---------|
|  | %                               | %       |
| Q30. Percentage of students who had at least one drink of alcohol on one or more days during their life  | 73.0                            | 68.0    |
| Q31. Percentage of all students who had their first drink of alcohol other than a few sips before age 13 years                                     | 19.8                            | 15.6    |
| Q31X. Of students who have had an alcoholic drink, the percentage who had their first drink of alcohol before age 13 years                         | 27.2                            | 23.9    |
| Q32. Percentage of students who had at least one drink of alcohol on one or more days during the past 30 days                                      | 44.2                            | 37.7    |
| Q33. Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days | 31.9                            | 24.4    |
| Q35. Percentage of students who had at least one drink of alcohol in the last 30 days on school property   | 4.3                             | 3.9     |

## 2009 YOUTH RISK BEHAVIOR SURVEY

### Alcohol - Perception of Harm and Perception of Wrongness

|   | School ID          |         |
|---|--------------------|---------|
|   | WHITE<br>MOUNTAINS | OVERALL |
|   | %                  | %       |
| Q84. Percentage of students who think people are at no risk harming themselves, physically or in other ways, if they try one or two drinks of an alcoholic beverage each weekend              | 30.4               | 26.2    |
| Q84X. Percentage of students who think people are at great risk of harming themselves, physically or in other ways, if they try one or two drinks of an alcoholic beverage each weekend       | 8.3                | 10.0    |
| Q85. Percentage of students who think people are at no risk harming themselves, physically or in other ways, if they try one or two drinks of an alcoholic beverage nearly every day          | 9.1                | 6.6     |
| Q85X. Percentage of students who think people are at great risk of harming themselves, physically or in other ways, if they try one or two drinks of an alcoholic beverage nearly every day   | 36.0               | 42.3    |
| Q86. Percentage of students who think people are at no risk harming themselves, physically or in other ways, if they try five or more drinks of an alcoholic beverage each weekend            | 11.4               | 8.1     |
| Q86X. Percentage of students who think people are at great risk of harming themselves, physically or in other ways, if they try five or more drinks of an alcoholic beverage each weekend     | 27.1               | 33.7    |
| Q87. Percentage of students who think people are at no risk harming themselves, physically or in other ways, if they try five or more drinks of an alcoholic beverage nearly every day        | 3.4                | 3.8     |
| Q87X. Percentage of students who think people are at great risk of harming themselves, physically or in other ways, if they try five or more drinks of an alcoholic beverage nearly every day | 70.5               | 77.3    |
| Q88. Percentage of students who think it is wrong or very wrong if someone their age drinks beer, wine, or hard liquor regularly  | 44.7               | 49.7    |
| Q92. Percentage of students whose parents think it is wrong or very wrong if someone their age drinks beer, wine, or hard liquor regularly  | 80.8               | 83.4    |
| Q95. Percentage of students who think it would be easy or very easy to get some beer, wine or hard liquor   | 71.8               | 70.6    |
| Q95X. Percentage of students who think it would be very easy to get some beer, wine or hard liquor  | 36.2               | 36.1    |

## 2009 YOUTH RISK BEHAVIOR SURVEY

### Alcohol - Access

|   | School ID       |         |
|---|-----------------|---------|
|   | WHITE MOUNTAINS | OVERALL |
|   | %               | %       |
| Q34. The percentage of all students who obtained alcohol by buying it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station during the past 30 days                           | 1.2             | 1.0     |
| Q34B. Of those students who had a drink of alcohol in the past 30 days, the percentage who got the alcohol by buying it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station | 2.6             | 2.6     |
| Q34C. Of those students who had a drink of alcohol in the past 30 days, the percentage who obtained it by buying it in a restaurant, bar, or club   | .7              | .9      |
| Q34D. Of those students who had a drink of alcohol in the past 30 days, the percentage who obtained it by buying it at a public event   | .0              | .3      |
| Q34E. Of those students who had a drink of alcohol in the past 30 days, the percentage who obtained it by having someone buy it for them  | 36.2            | 27.5    |
| Q34F. Of those students who had a drink of alcohol in the past 30 days, the percentage who obtained it by having someone give it to them  | 30.9            | 33.8    |
| Q34G. Of those students who had a drink of alcohol in the past 30 days, the percentage who obtained it taking it from a store or family member  | 3.3             | 10.7    |
| Q95. Percentage of students who think it would be easy or very easy to get some beer, wine or hard liquor   | 71.8            | 70.6    |
| Q95X. Percentage of students who think it would be very easy to get some beer, wine or hard liquor  | 36.2            | 36.1    |

### Marijuana Use

|   | School ID       |         |
|---|-----------------|---------|
|   | WHITE MOUNTAINS | OVERALL |
|   | %               | %       |
| Q36. Percentage of students who used marijuana one or more times during their life                              | 40.0            | 39.0    |
| Q37. Percentage of students who tried marijuana for the first time before age 13 years                          | 7.2             | 6.9     |
| Q37X. Of those students who tried marijuana, the percentage who tried it for the first time before age 13 years | 18.0            | 17.7    |
| Q38. Percentage of students who used marijuana one or more times during the past 30 days                        | 24.6            | 24.1    |
| Q39. Percentage of students who used marijuana on school property on one or more times during the past 30 days  | 4.9             | 5.0     |

## 2009 YOUTH RISK BEHAVIOR SURVEY

### Marijuana - Perception of Harm, Perception of Wrongness, Ease of Acquisition

|   | School ID          |             |
|---|--------------------|-------------|
|   | WHITE<br>MOUNTAINS | OVERALL     |
|   | %                  | %           |
| <b>Q82. Percentage of students who think people are at no risk harming themselves, physically or in other ways, if they smoke marijuana occasionally</b>        | <i>15.7</i>        | <i>22.3</i> |
| <b>Q82X. Percentage of students who think people are at great risk of harming themselves, physically or in other ways, if they smoke marijuana occasionally</b> | <i>26.9</i>        | <i>23.8</i> |
| <b>Q83. Percentage of students who think people are at no risk harming themselves, physically or in other ways, if they smoke marijuana regularly</b>           | <i>9.1</i>         | <i>12.0</i> |
| <b>Q83X. Percentage of students who think people are at great risk of harming themselves, physically or in other ways, if they smoke marijuana regularly</b>    | <i>50.9</i>        | <i>43.7</i> |
| <b>Q90. Percentage of students who think it is wrong or very wrong if someone their age smokes marijuana</b>  | <i>62.4</i>        | <i>56.6</i> |
| <b>Q94. Percentage of students whose parents think it is wrong or very wrong if someone their age smokes marijuana</b>  | <i>88.8</i>        | <i>86.0</i> |
| <b>Q97. Percentage of students who think it would be easy or very easy to get marijuana</b>   | <i>56.9</i>        | <i>64.6</i> |
| <b>Q97X. Percentage of students who think it would be very easy to get marijuana</b>  | <i>34.8</i>        | <i>40.6</i> |

## 2009 YOUTH RISK BEHAVIOR SURVEY

### Drug Use (other than Alcohol or Marijuana)

|  | School ID       |         |
|--|-----------------|---------|
|  | WHITE MOUNTAINS | OVERALL |
|  | %               | %       |
| Q40. Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life   | 5.7             | 6.8     |
| Q41. Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days                                       | 1.1             | 2.7     |
| Q42. Percentage of students who in their life used prescription drugs (such as OxyContin, Percocet, Vicodin, Adderall, Ritalin, or Xanax) without a doctors prescription       | 17.7            | 19.5    |
| Q43. Percentage of students who in the last 30 days used prescription drugs (such as OxyContin, Percocet, Vicodin, Adderall, Ritalin, or Xanax) without a doctors prescription | 6.6             | 9.4     |
| Q44. Percentage of students who in their life used over-the-counter drugs to get high  | 9.1             | 10.8    |
| Q45. Percentage of students who in the last 30 days used over-the-counter drugs to get high  | 2.6             | 4.4     |
| Q46. Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life     | 10.6            | 11.5    |
| Q47N. Percentage of students who used heroin one or more times during their life   | 2.0             | 2.5     |
| Q48N. Percentage of students who used methamphetamines one or more times during their life   | 2.6             | 3.4     |
| Q49. Percentage of students who used ecstasy one or more times during their life   | 2.6             | 5.2     |
| Q50. Percentage of students who used steroid pills or shots one or more times during their life  | 1.4             | 1.9     |
| Q51. Percentage of students who were offered, sold, or given an illegal drug on school property by someone during the past 12 months   | 23.1            | 22.2    |
| Q98. Percentage of students who think it would be easy or very easy to get a drug like cocaine, LSD, or amphetamines   | 17.5            | 22.4    |
| Q98X. Percentage of students who think it would be very easy to get a drug like cocaine, LSD, or amphetamines  | 6.9             | 8.8     |

DATA BY SEX:

# COMPARISONS OF INDIVIDUAL SCHOOL RATES BY SEX

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- School Performance and Community Relations
- Safety
- Sexual Behavior
- Suicide
- Weight, Food, and Physical Activity
- Health Related
- Tobacco Use
- Tobacco - Perception of Harm, Perception of Wrongness, Ease of Acquisition
- Alcohol Use
- Alcohol - Perception of Harm and Perception of Wrongness
- Alcohol-Access
- Marijuana Use
- Marijuana - Perception of Harm, Perception of Wrongness, Ease of Acquisition

## 2009 YOUTH RISK BEHAVIOR SURVEY

### School Performance and Community Relations

|  | Sex    |      |
|--|--------|------|
|  | Female | Male |
|  | %      | %    |
| <b>Q8. Percentage of students who describe their grades as mostly Ds or Fs</b>   | 4.1    | 11.3 |
| <b>Q77. Percentage of students who agree or strongly agree their parents or other adults in their family have clear rules and standards for their behavior</b>   | 80.1   | 75.6 |
| <b>Q78. Percentage of students who performed any organized community service as a non-paid volunteer, such as serving meals to the elderly, picking up litter, helping out at a hospital, or building homes for the poor one or more times during the past 30 days</b> | 40.9   | 40.7 |
| <b>Q79. Percentage of students who, during an average week, spend one or more hours in clubs or organizations (other than sports) outside of school, such as 4-H, Boys and Girls Clubs, YWCA, or YMCA</b>  | 48.0   | 42.0 |
| <b>Q80. Percentage of students who agree or strongly agree that they feel like they matter to people in their community</b>  | 38.8   | 46.3 |

### Safety

|   | Sex    |      |
|---|--------|------|
|   | Female | Male |
|   | %      | %    |
| <b>Q9. Percentage of students who never or rarely wore a helmet when riding a bicycle in the past 12 months</b>   | 70.2   | 77.6 |
| <b>Q10. Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else</b>   | 6.4    | 16.9 |
| <b>Q11. Percentage of students who rode in a car or other vehicle driven by someone who had been drinking alcohol one or more times during the past 30 days</b>     | 22.2   | 24.9 |
| <b>Q12. Percentage of students who drove a car or other vehicle after drinking alcohol one or more times during the past 30 days</b>                                | 9.4    | 13.1 |
| <b>Q13. Percentage of students who carried a gun, knife, or club on school property during the past 30 days</b>   | 1.8    | 27.7 |
| <b>Q14. Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school on one or more of the past 30 days</b> | 5.3    | 6.2  |
| <b>Q15. Percentage of students who were in a physical fight one or more times during the past 12 months</b>   | 17.9   | 33.0 |
| <b>Q16. Percentage of students who were injured in a physical fight and had to be treated by a doctor or nurse one or more times during the past 12 months</b>      | 1.8    | 4.0  |
| <b>Q17. Percentage of students who were in a physical fight on school property on one or more times during the past 12 months</b>                                   | 5.9    | 14.2 |
| <b>Q18. Percentage of students who were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months</b>                  | 7.6    | 9.6  |
| <b>Q19. Percentage of students who have ever been physically forced to have sexual intercourse when they did not want to</b>  | 12.9   | 4.0  |
| <b>Q20. Percentage of students who have been bullied on school property in the past 12 months</b>   | 32.7   | 24.3 |

## 2009 YOUTH RISK BEHAVIOR SURVEY

### Sexual Behavior

|   | Sex         |             |
|---|-------------|-------------|
|   | Female      | Male        |
|   | %           | %           |
| <b>Q52. Percentage of students who ever had sexual intercourse</b>  | <i>50.9</i> | <i>52.4</i> |
| <b>Q53. Percentage of students who had sexual intercourse for the first time before age 13 years</b>  | <i>2.3</i>  | <i>5.9</i>  |
| <b>Q53X. Of those who have had sexual intercourse, the percentage of students who had sexual intercourse for the first time before age 13 years</b>               | <i>4.6</i>  | <i>11.4</i> |
| <b>Q54. The percentage of students who had sexual intercourse with four or more people during their life</b>  | <i>11.7</i> | <i>15.0</i> |
| <b>Q54X. Of those who have had sexual intercourse, the percentage of students who had sexual intercourse with four or more people during their life</b>           | <i>23.0</i> | <i>28.9</i> |
| <b>Q55. Percentage of students who had sexual intercourse with one or more people during the past 3 months</b>  | <i>42.1</i> | <i>38.4</i> |
| <b>Q55X. Of those who have had sexual intercourse, the percentage of students who had sexual intercourse with one or more people during the past 3 months</b>     | <i>82.8</i> | <i>74.2</i> |
| <b>Q56. Among students who had sexual intercourse, the percentage who drank alcohol or used drugs before last sexual intercourse</b>                              | <i>12.8</i> | <i>26.1</i> |
| <b>Q57. Among students who had sexual intercourse, the percentage who used a condom during last sexual intercourse</b>  | <i>69.0</i> | <i>67.8</i> |
| <b>Q58BX Among students who had sexual intercourse, the percentage who used no method to prevent pregnancy during last sexual intercourse</b>                     | <i>3.6</i>  | <i>8.1</i>  |
| <b>Q58CX Among students who had sexual intercourse, the percentage who used birth control pills to prevent pregnancy during last sexual intercourse</b>           | <i>39.3</i> | <i>23.3</i> |
| <b>Q58DX Among students who had sexual intercourse, the percentage who used condoms to prevent pregnancy during last sexual intercourse</b>                       | <i>38.1</i> | <i>51.2</i> |
| <b>Q58EX Among students who had sexual intercourse, the percentage who used Depo-Provera to prevent pregnancy during last sexual intercourse</b>                  | <i>4.8</i>  | <i>4.7</i>  |
| <b>Q58HX Among students who had sexual intercourse, the percentage who were not sure what method was used to prevent pregnancy during last sexual intercourse</b> | <i>.0</i>   | <i>4.7</i>  |
| <b>Q59. Percentage of students who had bisexual contact (with both females and males) during their life</b>   | <i>5.4</i>  | <i>1.8</i>  |
| <b>Q59B. Among students who had sexual contact with another person, the percentage who had contact with females</b>   | <i>.0</i>   | <i>97.3</i> |
| <b>Q59C. Among students who had sexual contact with another person, the percentage who had contact with males</b>   | <i>91.7</i> | <i>.0</i>   |
| <b>Q59D. Among students who had sexual contact with another person, the percentage who had bisexual contact (with both females and males)</b>                     | <i>8.3</i>  | <i>2.7</i>  |



## 2009 YOUTH RISK BEHAVIOR SURVEY

### Suicide Related

|   | Sex         |             |
|---|-------------|-------------|
|   | Female      | Male        |
|   | %           | %           |
| <b>Q21. Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row during the past 12 months that they stopped doing some usual activities</b>                      | <i>32.2</i> | <i>18.6</i> |
| <b>Q22. Percentage of students who seriously considered attempting suicide during the past 12 months</b>  | <i>15.8</i> | <i>9.6</i>  |
| <b>Q23. Percentage of students who made a plan about how they would attempt suicide during the past 12 months</b>   | <i>14.0</i> | <i>10.7</i> |
| <b>Q24. Percentage of students who actually attempted suicide one or more times during the past 12 months</b>   | <i>6.0</i>  | <i>2.5</i>  |
| <b>Q25. Percentage of students whose suicide attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse during the past 12 months</b>                                | <i>1.8</i>  | <i>1.9</i>  |
| <b>Q25X. Of those students who made a suicide attempt, the percentage whose attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse during the past 12 months</b> | <i>30.0</i> | <i>75.0</i> |

## 2009 YOUTH RISK BEHAVIOR SURVEY

### Weight, Food, Physical Activity

|  | Sex         |             |
|--|-------------|-------------|
|  | Female      | Male        |
|  | %           | %           |
| <b>Q60. Percentage of students who describe themselves as very overweight</b>  | <i>7.0</i>  | <i>4.0</i>  |
| <b>Q60X. Percentage of students who describe themselves as slightly or very overweight</b>   | <i>36.8</i> | <i>22.0</i> |
| <b>Q61X. Percentage of students who are trying to lose weight</b>  | <i>64.3</i> | <i>26.1</i> |
| <b>Q61Y. Percentage of students who are trying to gain weight</b>  | <i>2.3</i>  | <i>19.3</i> |
| <b>Q62. Percentage of students who in the past 30 days exercised to lose weight or keep from gaining weight</b>  | <i>67.6</i> | <i>48.0</i> |
| <b>Q63. Percentage of students who in the past 30 days ate less food, fewer calories, or foods low in fat to keep from gaining weight</b>                              | <i>54.4</i> | <i>24.9</i> |
| <b>Q64. Percentage of students who in the past 30 days did not eat for 24 hours or more to keep from gaining weight</b>  | <i>17.0</i> | <i>8.0</i>  |
| <b>Q65. Percentage of students who in the past 30 days took diet pills, powders, or liquids without a doctors advice to lose weight or to keep from gaining weight</b> | <i>5.8</i>  | <i>2.9</i>  |
| <b>Q66. Percentage of students who in the past 30 days took laxatives or vomited to lose weight or to keep from gaining weight</b>                                     | <i>6.4</i>  | <i>2.3</i>  |
| <b>Q67. Percentage of students who sometimes or more often go hungry because there is not enough food in the home</b>  | <i>8.2</i>  | <i>12.6</i> |
| <b>Q67X. Percentage of students who most of the time or always go hungry because there is not enough food in the home</b>  | <i>1.2</i>  | <i>4.6</i>  |
| <b>Q68. Percentage of students who drank three or more glasses of milk a day on during the past seven days</b>   | <i>18.1</i> | <i>29.9</i> |
| <b>Q69. Percentage of students who drank soda or pop on one or more times during the past seven days</b>   | <i>21.1</i> | <i>32.8</i> |
| <b>Q70. Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days</b>                        | <i>36.3</i> | <i>54.3</i> |
| <b>Q71. Percentage of students who watched three or more hours per day of TV on an average school day</b>  | <i>26.5</i> | <i>30.1</i> |
| <b>Q72. Percentage of students who use a computer for non-school related activities for three or more hours on an average school day</b>                               | <i>19.9</i> | <i>25.6</i> |
| <b>Q73. Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school</b>                        | <i>34.5</i> | <i>41.8</i> |

## 2009 YOUTH RISK BEHAVIOR SURVEY

### Health Related

|   | Sex         |             |
|---|-------------|-------------|
|   | Female      | Male        |
|   | %           | %           |
| <b>Q74. Percentage of students who had ever been taught in school about AIDS or HIV infection</b>   | <i>84.8</i> | <i>88.1</i> |
| <b>Q75. Percentage of students who saw a doctor or nurse for a check up or physical exam when not sick or injured in the past 12 months</b> | <i>70.2</i> | <i>65.5</i> |
| <b>Q75X. Percentage of students who have not seen a doctor or nurse for a check up or physical exam in the past two years</b>               | <i>5.3</i>  | <i>10.7</i> |
| <b>Q76. Percentage of students who saw a dentist for a check up, exam, teeth cleaning, or other dental work during the past 12 months</b>   | <i>77.6</i> | <i>78.0</i> |
| <b>Q76X. Percentage of students who have not seen a dentist for a check up, exam, teeth cleaning, or other dental work</b>                  | <i>4.7</i>  | <i>6.2</i>  |

### Tobacco Use

|   | Sex         |             |
|---|-------------|-------------|
|   | Female      | Male        |
|   | %           | %           |
| <b>Q26. Percentage of students who smoked a whole cigarette for the first time before age 13 years</b>                | <i>8.2</i>  | <i>17.5</i> |
| <b>Q27. Percentage of students who smoked cigarettes on one or more of the past 30 days</b>                           | <i>26.3</i> | <i>27.7</i> |
| <b>Q28. Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days</b>         | <i>1.2</i>  | <i>30.5</i> |
| <b>Q29. Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days</b> | <i>5.8</i>  | <i>31.1</i> |

### Tobacco - Perception of Harm, Perception of Wrongness, Ease of Acquisition

|   | Sex         |             |
|---|-------------|-------------|
|   | Female      | Male        |
|   | %           | %           |
| <b>Q81. Percentage of students who think people are at no risk harming themselves, physically or in other ways, if they smoke one or more packs of cigarettes per day</b> | <i>.6</i>   | <i>6.8</i>  |
| <b>Q89. Percentage of students who think it is wrong or very wrong if someone their age smokes cigarettes</b>   | <i>68.4</i> | <i>51.7</i> |
| <b>Q93. Percentage of students whose parents think it is wrong or very wrong if someone their age smokes cigarettes</b>   | <i>88.9</i> | <i>81.3</i> |
| <b>Q96. Percentage of students who think it would be easy or very easy to get some cigarettes</b>   | <i>71.9</i> | <i>78.3</i> |

## 2009 YOUTH RISK BEHAVIOR SURVEY

### Alcohol Use

|  | Sex    |      |
|--|--------|------|
|  | Female | Male |
|  | %      | %    |
| Q30. Percentage of students who had at least one drink of alcohol on one or more days during their life  | 71.9   | 73.7 |
| Q31. Percentage of all students who had their first drink of alcohol other than a few sips before age 13 years                                     | 12.4   | 27.3 |
| Q31X. Of students who have had an alcoholic drink, the percentage who had their first drink of alcohol before age 13 years                         | 17.6   | 36.1 |
| Q32. Percentage of students who had at least one drink of alcohol on one or more days during the past 30 days                                      | 38.8   | 49.7 |
| Q33. Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days | 26.4   | 37.4 |
| Q35. Percentage of students who had at least one drink of alcohol in the last 30 days on school property   | 4.1    | 4.5  |

### Alcohol - Perception of Harm and Perception of Wrongness

|   | Sex    |      |
|---|--------|------|
|   | Female | Male |
|   | %      | %    |
| Q84. Percentage of students who think people are at no risk harming themselves, physically or in other ways, if they try one or two drinks of an alcoholic beverage each weekend              | 18.2   | 42.4 |
| Q84X. Percentage of students who think people are at great risk of harming themselves, physically or in other ways, if they try one or two drinks of an alcoholic beverage each weekend       | 11.2   | 5.1  |
| Q85. Percentage of students who think people are at no risk harming themselves, physically or in other ways, if they try one or two drinks of an alcoholic beverage nearly every day          | 3.5    | 14.7 |
| Q85X. Percentage of students who think people are at great risk of harming themselves, physically or in other ways, if they try one or two drinks of an alcoholic beverage nearly every day   | 46.2   | 25.4 |
| Q86. Percentage of students who think people are at no risk harming themselves, physically or in other ways, if they try five or more drinks of an alcoholic beverage each weekend            | 4.7    | 18.1 |
| Q86X. Percentage of students who think people are at great risk of harming themselves, physically or in other ways, if they try five or more drinks of an alcoholic beverage each weekend     | 37.4   | 17.5 |
| Q87. Percentage of students who think people are at no risk harming themselves, physically or in other ways, if they try five or more drinks of an alcoholic beverage nearly every day        | 1.2    | 5.7  |
| Q87X. Percentage of students who think people are at great risk of harming themselves, physically or in other ways, if they try five or more drinks of an alcoholic beverage nearly every day | 82.5   | 59.1 |
| Q88. Percentage of students who think it is wrong or very wrong if someone their age drinks beer, wine, or hard liquor regularly  | 53.8   | 35.2 |
| Q92. Percentage of students whose parents think it is wrong or very wrong if someone their age drinks beer, wine, or hard liquor regularly  | 84.8   | 76.7 |
| Q95. Percentage of students who think it would be easy or very easy to get some beer, wine or hard liquor   | 67.8   | 76.0 |
| Q95X. Percentage of students who think it would be very easy to get some beer, wine or hard liquor  | 30.4   | 42.3 |

## 2009 YOUTH RISK BEHAVIOR SURVEY

### Access to Alcohol

|  | Sex         |             |
|--|-------------|-------------|
|  | Female      | Male        |
|  | %           | %           |
| <b>Q34. The percentage of all students who obtained alcohol by buying it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station during the past 30 days</b>                           | <i>.6</i>   | <i>1.8</i>  |
| <b>Q34B. Of those students who had a drink of alcohol in the past 30 days, the percentage who got the alcohol by buying it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station</b> | <i>1.5</i>  | <i>3.6</i>  |
| <b>Q34C. Of those students who had a drink of alcohol in the past 30 days, the percentage who obtained it by buying it in a restaurant, bar, or club</b>   | <i>.0</i>   | <i>1.2</i>  |
| <b>Q34D. Of those students who had a drink of alcohol in the past 30 days, the percentage who obtained it by buying it at a public event</b>   | <i>.0</i>   | <i>.0</i>   |
| <b>Q34E. Of those students who had a drink of alcohol in the past 30 days, the percentage who obtained it by having someone buy it for them</b>  | <i>22.1</i> | <i>47.6</i> |
| <b>Q34F. Of those students who had a drink of alcohol in the past 30 days, the percentage who obtained it by having someone give it to them</b>  | <i>45.6</i> | <i>19.0</i> |
| <b>Q34G. Of those students who had a drink of alcohol in the past 30 days, the percentage who obtained it taking it from a store or family member</b>  | <i>1.5</i>  | <i>4.8</i>  |
| <b>Q95. Percentage of students who think it would be easy or very easy to get some beer, wine or hard liquor</b>   | <i>67.8</i> | <i>76.0</i> |
| <b>Q95X. Percentage of students who think it would be very easy to get some beer, wine or hard liquor</b>  | <i>30.4</i> | <i>42.3</i> |

### Marijuana Use

|  | Sex         |             |
|--|-------------|-------------|
|  | Female      | Male        |
|  | %           | %           |
| <b>Q36. Percentage of students who used marijuana one or more times during their life</b>                              | <i>36.8</i> | <i>43.6</i> |
| <b>Q37. Percentage of students who tried marijuana for the first time before age 13 years</b>                          | <i>2.9</i>  | <i>11.6</i> |
| <b>Q37X. Of those students who tried marijuana, the percentage who tried it for the first time before age 13 years</b> | <i>7.9</i>  | <i>26.3</i> |
| <b>Q38. Percentage of students who used marijuana one or more times during the past 30 days</b>                        | <i>17.5</i> | <i>31.8</i> |
| <b>Q39. Percentage of students who used marijuana on school property on one or more times during the past 30 days</b>  | <i>.6</i>   | <i>9.0</i>  |

## 2009 YOUTH RISK BEHAVIOR SURVEY

### Marijuana - Perception of Harm, Perception of Wrongness, Ease of Acquisition

|  | Sex    |      |
|--|--------|------|
|  | Female | Male |
|  | %      | %    |
| Q82. Percentage of students who think people are at no risk harming themselves, physically or in other ways, if they smoke marijuana occasionally        | 8.8    | 22.6 |
| Q82X. Percentage of students who think people are at great risk of harming themselves, physically or in other ways, if they smoke marijuana occasionally | 31.6   | 22.6 |
| Q83. Percentage of students who think people are at no risk harming themselves, physically or in other ways, if they smoke marijuana regularly           | 2.3    | 15.8 |
| Q83X. Percentage of students who think people are at great risk of harming themselves, physically or in other ways, if they smoke marijuana regularly    | 62.0   | 40.7 |
| Q90. Percentage of students who think it is wrong or very wrong if someone their age smokes marijuana  | 70.2   | 54.3 |
| Q94. Percentage of students whose parents think it is wrong or very wrong if someone their age smokes marijuana  | 91.2   | 86.4 |
| Q97. Percentage of students who think it would be easy or very easy to get marijuana   | 50.3   | 63.4 |
| Q97X. Percentage of students who think it would be very easy to get marijuana  | 28.1   | 41.1 |

### Drug Use (other than Alcohol or Marijuana)

|  | Sex    |      |
|--|--------|------|
|  | Female | Male |
|  | %      | %    |
| Q40. Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life   | 3.5    | 8.0  |
| Q41. Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days                                       | 1.2    | 1.1  |
| Q42. Percentage of students who in their life used prescription drugs (such as OxyContin, Percocet, Vicodin, Adderall, Ritalin, or Xanax) without a doctors prescription       | 14.0   | 21.5 |
| Q43. Percentage of students who in the last 30 days used prescription drugs (such as OxyContin, Percocet, Vicodin, Adderall, Ritalin, or Xanax) without a doctors prescription | 3.5    | 9.6  |
| Q44. Percentage of students who in their life used over-the-counter drugs to get high  | 8.2    | 10.2 |
| Q45. Percentage of students who in the last 30 days used over-the-counter drugs to get high  | 2.3    | 2.8  |
| Q46. Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life     | 10.5   | 10.7 |
| Q47N. Percentage of students who used heroin one or more times during their life   | .6     | 3.4  |
| Q48N. Percentage of students who used methamphetamines one or more times during their life   | 1.2    | 4.0  |
| Q49. Percentage of students who used ecstasy one or more times during their life   | 1.8    | 3.4  |
| Q50. Percentage of students who used steroid pills or shots one or more times during their life  | .6     | 2.3  |
| Q51. Percentage of students who were offered, sold, or given an illegal drug on school property by someone during the past 12 months   | 16.4   | 29.9 |
| Q98. Percentage of students who think it would be easy or very easy to get a drug like cocaine, LSD, or amphetamines   | 17.0   | 17.7 |
| Q98X. Percentage of students who think it would be very easy to get a drug like cocaine, LSD, or amphetamines  | 4.7    | 9.1  |

DATA BY GRADE:

# COMPARISONS OF INDIVIDUAL SCHOOL RATES BY GRADE

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- School Performance and Community Relations
- Safety
- Sexual Behavior
- Suicide
- Weight, Food, and Physical Activity
- Health Related
- Tobacco Use
- Tobacco - Perception of Harm, Perception of Wrongness, Ease of Acquisition
- Alcohol Use
- Alcohol - Perception of Harm and Perception of Wrongness
- Alcohol-Access
- Marijuana Use
- Marijuana - Perception of Harm, Perception of Wrongness, Ease of Acquisition

## 2009 YOUTH RISK BEHAVIOR SURVEY

### School Performance and Community Relations

|  | Grade       |             |             |             |
|--|-------------|-------------|-------------|-------------|
|  | 9th grade   | 10th grade  | 11th grade  | 12th grade  |
|  | %           | %           | %           | %           |
| <b>Q8. Percentage of students who describe their grades as mostly Ds or Fs</b>   | <i>11.8</i> | <i>12.5</i> | <i>5.0</i>  | <i>2.9</i>  |
| <b>Q77. Percentage of students who agree or strongly agree their parents or other adults in their family have clear rules and standards for their behavior</b>   | <i>74.4</i> | <i>81.3</i> | <i>79.7</i> | <i>76.5</i> |
| <b>Q78. Percentage of students who performed any organized community service as a non-paid volunteer, such as serving meals to the elderly, picking up litter, helping out at a hospital, or building homes for the poor one or more times during the past 30 days</b> | <i>34.9</i> | <i>31.3</i> | <i>43.8</i> | <i>52.0</i> |
| <b>Q79. Percentage of students who, during an average week, spend one or more hours in clubs or organizations (other than sports) outside of school, such as 4-H, Boys and Girls Clubs, YWCA, or YMCA</b>  | <i>45.3</i> | <i>38.0</i> | <i>50.0</i> | <i>47.1</i> |
| <b>Q80. Percentage of students who agree or strongly agree that they feel like they matter to people in their community</b>  | <i>37.6</i> | <i>43.8</i> | <i>43.8</i> | <i>46.1</i> |

### Safety

|   | Grade       |             |             |             |
|---|-------------|-------------|-------------|-------------|
|   | 9th grade   | 10th grade  | 11th grade  | 12th grade  |
|   | %           | %           | %           | %           |
| <b>Q9. Percentage of students who never or rarely wore a helmet when riding a bicycle in the past 12 months</b>   | <i>72.9</i> | <i>75.8</i> | <i>62.2</i> | <i>86.0</i> |
| <b>Q10. Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else</b>   | <i>5.8</i>  | <i>13.8</i> | <i>10.0</i> | <i>16.7</i> |
| <b>Q11. Percentage of students who rode in a car or other vehicle driven by someone who had been drinking alcohol one or more times during the past 30 days</b>     | <i>19.8</i> | <i>35.0</i> | <i>20.0</i> | <i>20.6</i> |
| <b>Q12. Percentage of students who drove a car or other vehicle after drinking alcohol one or more times during the past 30 days</b>                                | <i>2.3</i>  | <i>16.3</i> | <i>13.9</i> | <i>12.7</i> |
| <b>Q13. Percentage of students who carried a gun, knife, or club on school property during the past 30 days</b>   | <i>9.3</i>  | <i>21.3</i> | <i>11.3</i> | <i>17.6</i> |
| <b>Q14. Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school on one or more of the past 30 days</b> | <i>7.0</i>  | <i>3.8</i>  | <i>7.5</i>  | <i>4.9</i>  |
| <b>Q15. Percentage of students who were in a physical fight one or more times during the past 12 months</b>   | <i>28.2</i> | <i>29.5</i> | <i>26.6</i> | <i>19.6</i> |
| <b>Q16. Percentage of students who were injured in a physical fight and had to be treated by a doctor or nurse one or more times during the past 12 months</b>      | <i>3.5</i>  | <i>2.5</i>  | <i>2.5</i>  | <i>2.9</i>  |
| <b>Q17. Percentage of students who were in a physical fight on school property on one or more times during the past 12 months</b>                                   | <i>14.0</i> | <i>12.8</i> | <i>8.9</i>  | <i>5.9</i>  |
| <b>Q18. Percentage of students who were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months</b>                  | <i>7.0</i>  | <i>10.0</i> | <i>11.3</i> | <i>6.9</i>  |
| <b>Q19. Percentage of students who have ever been physically forced to have sexual intercourse when they did not want to</b>  | <i>5.8</i>  | <i>8.8</i>  | <i>10.1</i> | <i>7.8</i>  |
| <b>Q20. Percentage of students who have been bullied on school property in the past 12 months</b>   | <i>33.7</i> | <i>32.5</i> | <i>26.3</i> | <i>22.5</i> |



## 2009 YOUTH RISK BEHAVIOR SURVEY

### Sexual Behavior

|   | Grade        |               |               |               |
|---|--------------|---------------|---------------|---------------|
|   | 9th<br>grade | 10th<br>grade | 11th<br>grade | 12th<br>grade |
|   | %            | %             | %             | %             |
| <b>Q52. Percentage of students who ever had sexual intercourse</b>  | 21.4         | 56.6          | 60.3          | 66.7          |
| <b>Q53. Percentage of students who had sexual intercourse for the first time before age 13 years</b>  | 3.5          | 5.2           | 3.8           | 4.0           |
| <b>Q53X. Of those who have had sexual intercourse, the percentage of students who had sexual intercourse for the first time before age 13 years</b>               | 16.7         | 9.3           | 6.4           | 6.0           |
| <b>Q54. The percentage of students who had sexual intercourse with four or more people during their life</b>  | 2.4          | 18.8          | 17.5          | 14.0          |
| <b>Q54X. Of those who have had sexual intercourse, the percentage of students who had sexual intercourse with four or more people during their life</b>           | 11.8         | 33.3          | 29.2          | 20.9          |
| <b>Q55. Percentage of students who had sexual intercourse with one or more people during the past 3 months</b>  | 11.9         | 49.4          | 43.8          | 54.0          |
| <b>Q55X. Of those who have had sexual intercourse, the percentage of students who had sexual intercourse with one or more people during the past 3 months</b>     | 58.8         | 88.6          | 72.9          | 80.6          |
| <b>Q56. Among students who had sexual intercourse, the percentage who drank alcohol or used drugs before last sexual intercourse</b>                              | 15.8         | 22.2          | 19.1          | 19.4          |
| <b>Q57. Among students who had sexual intercourse, the percentage who used a condom during last sexual intercourse</b>  | 61.1         | 74.4          | 67.4          | 68.7          |
| <b>Q58BX Among students who had sexual intercourse, the percentage who used no method to prevent pregnancy during last sexual intercourse</b>                     | .0           | 11.6          | 4.5           | 4.5           |
| <b>Q58CX Among students who had sexual intercourse, the percentage who used birth control pills to prevent pregnancy during last sexual intercourse</b>           | 25.0         | 20.9          | 34.1          | 37.3          |
| <b>Q58DX Among students who had sexual intercourse, the percentage who used condoms to prevent pregnancy during last sexual intercourse</b>                       | 37.5         | 53.5          | 40.9          | 44.8          |
| <b>Q58EX Among students who had sexual intercourse, the percentage who used Depo-Provera to prevent pregnancy during last sexual intercourse</b>                  | 6.3          | .0            | 6.8           | 6.0           |
| <b>Q58HX Among students who had sexual intercourse, the percentage who were not sure what method was used to prevent pregnancy during last sexual intercourse</b> | 12.5         | .0            | 4.5           | .0            |
| <b>Q59. Percentage of students who had bisexual contact (with both females and males) during their life</b>   | 4.9          | 3.9           | 2.6           | 3.0           |
| <b>Q59B. Among students who had sexual contact with another person, the percentage who had contact with females</b>   | 45.7         | 51.8          | 46.4          | 51.4          |
| <b>Q59C. Among students who had sexual contact with another person, the percentage who had contact with males</b>   | 42.9         | 42.9          | 50.0          | 44.6          |
| <b>Q59D. Among students who had sexual contact with another person, the percentage who had bisexual contact (with both females and males)</b>                     | 11.4         | 5.4           | 3.6           | 4.1           |

## 2009 YOUTH RISK BEHAVIOR SURVEY

### Suicide Related

|   | Grade       |             |             |             |
|---|-------------|-------------|-------------|-------------|
|   | 9th grade   | 10th grade  | 11th grade  | 12th grade  |
|   | %           | %           | %           | %           |
| <b>Q21. Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row during the past 12 months that they stopped doing some usual activities</b>                      | <i>24.4</i> | <i>30.0</i> | <i>27.5</i> | <i>19.6</i> |
| <b>Q22. Percentage of students who seriously considered attempting suicide during the past 12 months</b>  | <i>9.3</i>  | <i>21.3</i> | <i>11.3</i> | <i>8.8</i>  |
| <b>Q23. Percentage of students who made a plan about how they would attempt suicide during the past 12 months</b>   | <i>7.0</i>  | <i>21.3</i> | <i>11.3</i> | <i>9.8</i>  |
| <b>Q24. Percentage of students who actually attempted suicide one or more times during the past 12 months</b>   | <i>2.4</i>  | <i>6.6</i>  | <i>5.1</i>  | <i>3.3</i>  |
| <b>Q25. Percentage of students whose suicide attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse during the past 12 months</b>                                | <i>1.2</i>  | <i>3.9</i>  | <i>2.6</i>  | <i>.0</i>   |
| <b>Q25X. Of those students who made a suicide attempt, the percentage whose attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse during the past 12 months</b> | <i>50.0</i> | <i>60.0</i> | <i>50.0</i> | <i>.0</i>   |

## 2009 YOUTH RISK BEHAVIOR SURVEY

### Weight, Food, Physical Activity

|  | Grade     |            |            |            |
|--|-----------|------------|------------|------------|
|  | 9th grade | 10th grade | 11th grade | 12th grade |
|  | %         | %          | %          | %          |
| <b>Q60. Percentage of students who describe themselves as very overweight</b>  | 3.5       | 3.8        | 6.3        | 7.8        |
| <b>Q60X. Percentage of students who describe themselves as slightly or very overweight</b>   | 34.9      | 25.0       | 25.0       | 32.4       |
| <b>Q61X. Percentage of students who are trying to lose weight</b>  | 48.8      | 41.8       | 42.5       | 46.1       |
| <b>Q61Y. Percentage of students who are trying to gain weight</b>  | 7.0       | 13.9       | 8.8        | 13.7       |
| <b>Q62. Percentage of students who in the past 30 days exercised to lose weight or keep from gaining weight</b>  | 58.1      | 63.8       | 55.0       | 54.5       |
| <b>Q63. Percentage of students who in the past 30 days ate less food, fewer calories, or foods low in fat to keep from gaining weight</b>                              | 39.5      | 41.3       | 36.3       | 40.2       |
| <b>Q64. Percentage of students who in the past 30 days did not eat for 24 hours or more to keep from gaining weight</b>  | 15.5      | 16.3       | 11.3       | 6.9        |
| <b>Q65. Percentage of students who in the past 30 days took diet pills, powders, or liquids without a doctors advice to lose weight or to keep from gaining weight</b> | 1.2       | 3.8        | 6.3        | 5.9        |
| <b>Q66. Percentage of students who in the past 30 days took laxatives or vomited to lose weight or to keep from gaining weight</b>                                     | 6.0       | 6.3        | 2.5        | 3.0        |
| <b>Q67. Percentage of students who sometimes or more often go hungry because there is not enough food in the home</b>  | 13.1      | 8.8        | 11.3       | 8.8        |
| <b>Q67X. Percentage of students who most of the time or always go hungry because there is not enough food in the home</b>  | 2.4       | 2.5        | 3.8        | 2.9        |
| <b>Q68. Percentage of students who drank three or more glasses of milk a day on during the past seven days</b>   | 29.1      | 23.8       | 20.0       | 23.5       |
| <b>Q69. Percentage of students who drank soda or pop on one or more times during the past seven days</b>   | 20.9      | 32.5       | 25.0       | 30.4       |
| <b>Q70. Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days</b>                        | 43.5      | 46.3       | 44.3       | 47.1       |
| <b>Q71. Percentage of students who watched three or more hours per day of TV on an average school day</b>  | 25.0      | 30.0       | 25.0       | 32.4       |
| <b>Q72. Percentage of students who use a computer for non-school related activities for three or more hours on an average school day</b>                               | 21.2      | 21.3       | 30.0       | 19.6       |
| <b>Q73. Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school</b>                        | 33.7      | 47.5       | 33.8       | 38.2       |

## 2009 YOUTH RISK BEHAVIOR SURVEY

### Health Related

|   | Grade     |            |            |            |
|---|-----------|------------|------------|------------|
|   | 9th grade | 10th grade | 11th grade | 12th grade |
|   | %         | %          | %          | %          |
| <b>Q74. Percentage of students who had ever been taught in school about AIDS or HIV infection</b>   | 74.4      | 92.5       | 90.0       | 89.2       |
| <b>Q75. Percentage of students who saw a doctor or nurse for a check up or physical exam when not sick or injured in the past 12 months</b> | 72.1      | 66.3       | 65.0       | 67.6       |
| <b>Q75X. Percentage of students who have not seen a doctor or nurse for a check up or physical exam in the past two years</b>               | 4.7       | 6.3        | 12.5       | 8.8        |
| <b>Q76. Percentage of students who saw a dentist for a check up, exam, teeth cleaning, or other dental work during the past 12 months</b>   | 73.3      | 70.9       | 81.3       | 84.3       |
| <b>Q76X. Percentage of students who have not seen a dentist for a check up, exam, teeth cleaning, or other dental work</b>                  | 7.0       | 5.1        | 3.8        | 5.9        |

### Tobacco Use

|   | Grade     |            |            |            |
|---|-----------|------------|------------|------------|
|   | 9th grade | 10th grade | 11th grade | 12th grade |
|   | %         | %          | %          | %          |
| <b>Q26. Percentage of students who smoked a whole cigarette for the first time before age 13 years</b>                | 12.8      | 15.0       | 5.0        | 17.6       |
| <b>Q27. Percentage of students who smoked cigarettes on one or more of the past 30 days</b>                           | 12.8      | 30.0       | 30.0       | 33.3       |
| <b>Q28. Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days</b>         | 7.0       | 20.0       | 20.0       | 17.6       |
| <b>Q29. Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days</b> | 4.7       | 18.8       | 25.0       | 25.5       |

### Tobacco - Perception of Harm, Perception of Wrongness, Ease of Acquisition

|   | Grade     |            |            |            |
|---|-----------|------------|------------|------------|
|   | 9th grade | 10th grade | 11th grade | 12th grade |
|   | %         | %          | %          | %          |
| <b>Q81. Percentage of students who think people are at no risk harming themselves, physically or in other ways, if they smoke one or more packs of cigarettes per day</b> | 3.5       | 6.3        | 5.0        | 1.0        |
| <b>Q89. Percentage of students who think it is wrong or very wrong if someone their age smokes cigarettes</b>   | 81.4      | 50.0       | 63.3       | 48.0       |
| <b>Q93. Percentage of students whose parents think it is wrong or very wrong if someone their age smokes cigarettes</b>   | 94.2      | 81.3       | 92.4       | 74.5       |
| <b>Q96. Percentage of students who think it would be easy or very easy to get some cigarettes</b>   | 52.9      | 73.8       | 78.5       | 92.2       |

## 2009 YOUTH RISK BEHAVIOR SURVEY

### Alcohol Use

|   | Grade     |            |            |            |
|---|-----------|------------|------------|------------|
|   | 9th grade | 10th grade | 11th grade | 12th grade |
|   | %         | %          | %          | %          |
| <b>Q30. Percentage of students who had at least one drink of alcohol on one or more days during their life</b>  | 56.0      | 75.0       | 75.6       | 83.0       |
| <b>Q31. Percentage of all students who had their first drink of alcohol other than a few sips before age 13 years</b>                                     | 25.9      | 22.5       | 15.0       | 16.8       |
| <b>Q31X. Of students who have had an alcoholic drink, the percentage who had their first drink of alcohol before age 13 years</b>                         | 48.9      | 30.0       | 19.4       | 20.0       |
| <b>Q32. Percentage of students who had at least one drink of alcohol on one or more days during the past 30 days</b>                                      | 25.3      | 44.7       | 42.1       | 61.6       |
| <b>Q33. Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days</b> | 11.8      | 33.8       | 32.9       | 47.5       |
| <b>Q35. Percentage of students who had at least one drink of alcohol in the last 30 days on school property</b>   | 3.5       | 10.1       | 1.3        | 2.9        |

### Alcohol - Perception of Harm and Perception of Wrongness

|  | Grade     |            |            |            |
|--|-----------|------------|------------|------------|
|  | 9th grade | 10th grade | 11th grade | 12th grade |
|  | %         | %          | %          | %          |
| <b>Q84. Percentage of students who think people are at no risk harming themselves, physically or in other ways, if they try one or two drinks of an alcoholic beverage each weekend</b>            | 23.5      | 38.8       | 33.8       | 27.5       |
| <b>Q84X. Percentage of students who think people are at great risk of harming themselves, physically or in other ways, if they try one or two drinks of an alcoholic beverage each weekend</b>     | 9.4       | 5.0        | 6.3        | 10.8       |
| <b>Q85. Percentage of students who think people are at no risk harming themselves, physically or in other ways, if they try one or two drinks of an alcoholic beverage nearly every day</b>        | 8.1       | 13.8       | 10.0       | 5.9        |
| <b>Q85X. Percentage of students who think people are at great risk of harming themselves, physically or in other ways, if they try one or two drinks of an alcoholic beverage nearly every day</b> | 43.0      | 28.8       | 35.0       | 36.3       |
| <b>Q86. Percentage of students who think people are at no risk harming themselves, physically or in other ways, if they try five or more drinks of an alcoholic beverage each weekend</b>          | 8.1       | 11.3       | 16.3       | 10.8       |

## 2009 YOUTH RISK BEHAVIOR SURVEY

|  |      |      |      |      |
|--|------|------|------|------|
| <b>Q86X. Percentage of students who think people are at great risk of harming themselves, physically or in other ways, if they try five or more drinks of an alcoholic beverage each weekend</b>     | 34.9 | 20.0 | 26.3 | 27.5 |
| <b>Q87. Percentage of students who think people are at no risk harming themselves, physically or in other ways, if they try five or more drinks of an alcoholic beverage nearly every day</b>        | 4.7  | 3.8  | 5.1  | 1.0  |
| <b>Q87X. Percentage of students who think people are at great risk of harming themselves, physically or in other ways, if they try five or more drinks of an alcoholic beverage nearly every day</b> | 77.9 | 70.0 | 75.9 | 61.8 |
| <b>Q88. Percentage of students who think it is wrong or very wrong if someone their age drinks beer, wine, or hard liquor regularly</b>  | 62.8 | 28.8 | 51.9 | 36.3 |
| <b>Q92. Percentage of students whose parents think it is wrong or very wrong if someone their age drinks beer, wine, or hard liquor regularly</b>  | 88.4 | 73.8 | 86.1 | 75.5 |
| <b>Q95. Percentage of students who think it would be easy or very easy to get some beer, wine or hard liquor</b>   | 54.1 | 67.5 | 82.3 | 82.4 |
| <b>Q95X. Percentage of students who think it would be very easy to get some beer, wine or hard liquor</b>  | 28.2 | 28.8 | 44.3 | 42.2 |

### Access to Alcohol

|  | Grade     |            |            |            |
|--|-----------|------------|------------|------------|
|  | 9th grade | 10th grade | 11th grade | 12th grade |
|  | %         | %          | %          | %          |
| <b>Q34. The percentage of all students who obtained alcohol by buying it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station during the past 30 days</b>                           | .0        | 2.7        | 2.6        | .0         |
| <b>Q34B. Of those students who had a drink of alcohol in the past 30 days, the percentage who got the alcohol by buying it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station</b> | .0        | 5.9        | 5.7        | .0         |
| <b>Q34C. Of those students who had a drink of alcohol in the past 30 days, the percentage who obtained it by buying it in a restaurant, bar, or club</b>   | .0        | .0         | .0         | 1.6        |
| <b>Q34D. Of those students who had a drink of alcohol in the past 30 days, the percentage who obtained it by buying it at a public event</b>   | .0        | .0         | .0         | .0         |
| <b>Q34E. Of those students who had a drink of alcohol in the past 30 days, the percentage who obtained it by having someone buy it for them</b>  | 18.2      | 38.2       | 37.1       | 41.0       |
| <b>Q34F. Of those students who had a drink of alcohol in the past 30 days, the percentage who obtained it by having someone give it to them</b>  | 50.0      | 26.5       | 34.3       | 24.6       |
| <b>Q34G. Of those students who had a drink of alcohol in the past 30 days, the percentage who obtained it taking it from a store or family member</b>  | 9.1       | 2.9        | .0         | 3.3        |
| <b>Q95. Percentage of students who think it would be easy or very easy to get some beer, wine or hard liquor</b>   | 54.1      | 67.5       | 82.3       | 82.4       |
| <b>Q95X. Percentage of students who think it would be very easy to get some beer, wine or hard liquor</b>  | 28.2      | 28.8       | 44.3       | 42.2       |

## 2009 YOUTH RISK BEHAVIOR SURVEY

### Marijuana Use

|   | Grade     |            |            |            |
|---|-----------|------------|------------|------------|
|   | 9th grade | 10th grade | 11th grade | 12th grade |
|   | %         | %          | %          | %          |
| <b>Q36. Percentage of students who used marijuana one or more times during their life</b>                             | 17.4      | 45.6       | 43.6       | 53.0       |
| <b>Q37. Percentage of students who tried marijuana for the first time before age 13 years</b>                         | 2.3       | 13.8       | 5.1        | 8.0        |
| <b>Q37X Of those students who tried marijuana, the percentage who tried it for the first time before age 13 years</b> | 13.3      | 29.7       | 11.8       | 15.1       |
| <b>Q38. Percentage of students who used marijuana one or more times during the past 30 days</b>                       | 11.6      | 25.3       | 23.8       | 36.3       |
| <b>Q39. Percentage of students who used marijuana on school property on one or more times during the past 30 days</b> | .0        | 6.3        | 3.8        | 8.8        |

### Marijuana - Perception of Harm, Perception of Wrongness, Ease of Acquisition

|   | Grade     |            |            |            |
|---|-----------|------------|------------|------------|
|   | 9th grade | 10th grade | 11th grade | 12th grade |
|   | %         | %          | %          | %          |
| <b>Q82. Percentage of students who think people are at no risk harming themselves, physically or in other ways, if they smoke marijuana occasionally</b>        | 12.8      | 17.5       | 13.8       | 18.6       |
| <b>Q82X. Percentage of students who think people are at great risk of harming themselves, physically or in other ways, if they smoke marijuana occasionally</b> | 46.5      | 17.5       | 26.3       | 18.6       |
| <b>Q83. Percentage of students who think people are at no risk harming themselves, physically or in other ways, if they smoke marijuana regularly</b>           | 7.0       | 10.0       | 11.3       | 8.8        |
| <b>Q83X. Percentage of students who think people are at great risk of harming themselves, physically or in other ways, if they smoke marijuana regularly</b>    | 64.0      | 43.8       | 52.5       | 44.1       |
| <b>Q90. Percentage of students who think it is wrong or very wrong if someone their age smokes marijuana</b>  | 79.1      | 53.2       | 65.8       | 52.9       |
| <b>Q94. Percentage of students whose parents think it is wrong or very wrong if someone their age smokes marijuana</b>  | 94.2      | 82.5       | 92.4       | 86.3       |
| <b>Q97. Percentage of students who think it would be easy or very easy to get marijuana</b>   | 32.9      | 63.8       | 68.4       | 62.7       |
| <b>Q97X. Percentage of students who think it would be very easy to get marijuana</b>  | 15.3      | 46.3       | 44.3       | 35.3       |

## 2009 YOUTH RISK BEHAVIOR SURVEY

### Drug Use (other than Alcohol or Marijuana)

|   | Grade       |             |             |             |
|---|-------------|-------------|-------------|-------------|
|   | 9th grade   | 10th grade  | 11th grade  | 12th grade  |
|   | %           | %           | %           | %           |
| <b>Q40. Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life</b>   | <i>4.7</i>  | <i>10.0</i> | <i>5.0</i>  | <i>4.0</i>  |
| <b>Q41. Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days</b>                                       | <i>2.4</i>  | <i>2.5</i>  | <i>.0</i>   | <i>.0</i>   |
| <b>Q42. Percentage of students who in their life used prescription drugs (such as OxyContin, Percocet, Vicodin, Adderall, Ritalin, or Xanax) without a doctors prescription</b>       | <i>9.3</i>  | <i>26.3</i> | <i>16.3</i> | <i>19.6</i> |
| <b>Q43. Percentage of students who in the last 30 days used prescription drugs (such as OxyContin, Percocet, Vicodin, Adderall, Ritalin, or Xanax) without a doctors prescription</b> | <i>4.7</i>  | <i>11.3</i> | <i>3.8</i>  | <i>6.9</i>  |
| <b>Q44. Percentage of students who in their life used over-the-counter drugs to get high</b>  | <i>4.7</i>  | <i>13.8</i> | <i>10.0</i> | <i>8.8</i>  |
| <b>Q45. Percentage of students who in the last 30 days used over-the-counter drugs to get high</b>  | <i>3.5</i>  | <i>3.8</i>  | <i>1.3</i>  | <i>2.0</i>  |
| <b>Q46. Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life</b>     | <i>9.3</i>  | <i>18.8</i> | <i>8.8</i>  | <i>5.9</i>  |
| <b>Q47N. Percentage of students who used heroin one or more times during their life</b>   | <i>2.3</i>  | <i>2.5</i>  | <i>1.3</i>  | <i>2.0</i>  |
| <b>Q48N. Percentage of students who used methamphetamines one or more times during their life</b>   | <i>4.7</i>  | <i>3.8</i>  | <i>.0</i>   | <i>2.0</i>  |
| <b>Q49. Percentage of students who used ecstasy one or more times during their life</b>   | <i>1.2</i>  | <i>5.0</i>  | <i>2.5</i>  | <i>2.0</i>  |
| <b>Q50. Percentage of students who used steroid pills or shots one or more times during their life</b>  | <i>.0</i>   | <i>3.8</i>  | <i>.0</i>   | <i>2.0</i>  |
| <b>Q51. Percentage of students who were offered, sold, or given an illegal drug on school property by someone during the past 12 months</b>   | <i>12.8</i> | <i>28.8</i> | <i>30.0</i> | <i>21.6</i> |
| <b>Q98. Percentage of students who think it would be easy or very easy to get a drug like cocaine, LSD, or amphetamines</b>   | <i>12.9</i> | <i>17.5</i> | <i>25.3</i> | <i>15.7</i> |
| <b>Q98X. Percentage of students who think it would be very easy to get a drug like cocaine, LSD, or amphetamines</b>  | <i>5.9</i>  | <i>8.8</i>  | <i>8.9</i>  | <i>4.9</i>  |



# 2009 YOUTH RISK BEHAVIOR SURVEY

## 2009 New Hampshire Youth Risk Behavior Survey

This survey is about health behavior. It has been developed so you can tell us what you do that may affect your health. The information you give will be used to develop better health education for young people like yourself.

DO NOT write your name on this survey. The answers you give will be kept private. No one will know what you write. Answer the questions based on what you really do.

Completing the survey is voluntary. Whether or not you answer the questions will not affect your grade in this class. If you are not comfortable answering a question, just leave it blank.

The questions that ask about your background will be used only to describe the types of students completing this survey. The information will not be used to find out your name. No names will ever be reported.

Make sure to read every question. Fill in the ovals completely. When you are finished, follow the instructions of the person giving you the survey.

Thank you very much for your help.

## 2009 YOUTH RISK BEHAVIOR SURVEY

### DIRECTIONS

- Use a #2 pencil only.
- Make dark marks.
- If you change your answer, erase your old answer completely.

1. How old are you?
  - A. 12 years old or younger
  - B. 13 years old
  - C. 14 years old
  - D. 15 years old
  - E. 16 years old
  - F. 17 years old
  - G. 18 years old or older
  
2. What is your sex?
  - A. Female
  - B. Male
  
3. In what grade are you?
  - A. 9th grade
  - B. 10th grade
  - C. 11th grade
  - D. 12th grade
  - E. Ungraded or other grade
  
4. Are you Hispanic or Latino?
  - A. Yes
  - B. No
  
5. What is your race? **(Select one or more responses.)**
  - A. American Indian or Alaska Native
  - B. Asian
  - C. Black or African American
  - D. Native Hawaiian or Other Pacific Islander
  - E. White
  
6. How tall are you without your shoes on?

Height  
Feet Inches  
3 0  
4 1  
5 2  
6 3  
7 4  
5  
6  
7  
8  
9  
10  
11

## 2009 YOUTH RISK BEHAVIOR SURVEY

7. How much do you weigh without your shoes on?

Weight

Pounds

0 0 0

1 1 1

2 2 2

3 3 3

4 4 4

5 5 5

6 6 6

7 7 7

8 8 8

9 9 9

8. During the past 12 months, how would you describe your grades in school?

- A. Mostly A's
- B. Mostly B's
- C. Mostly C's
- D. Mostly D's
- E. Mostly F's
- F. None of these grades
- G. Not sure

**The next 4 questions ask about safety.**

9. **When you rode a bicycle** during the past 12 months, how often did you wear a helmet?

- A. I did not ride a bicycle during the past 12 months
- B. Never wore a helmet
- C. Rarely wore a helmet
- D. Sometimes wore a helmet
- E. Most of the time wore a helmet
- F. Always wore a helmet

10. How often do you wear a seat belt when **riding in a car** driven by someone else?

- A. Never
- B. Rarely
- C. Sometimes
- D. Most of the time
- E. Always

11. During the past 30 days, how many times did you **ride** in a car or other vehicle **driven by someone who had been drinking alcohol**?

- A. 0 times
- B. 1 time
- C. 2 or 3 times
- D. 4 or 5 times
- E. 6 or more times

## 2009 YOUTH RISK BEHAVIOR SURVEY

12. During the past 30 days, how many times did you **drive** a car or other vehicle **when you had been drinking alcohol**?

- A. 0 times
- B. 1 time
- C. 2 or 3 times
- D. 4 or 5 times
- E. 6 or more times

**The next 7 questions ask about violence-related behaviors.**

13. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club **on school property**?

- A. 0 days
- B. 1 day
- C. 2 or 3 days
- D. 4 or 5 days
- E. 6 or more days

14. During the past 30 days, on how many days did you **not** go to school because you felt you would be unsafe at school or on your way to or from school?

- A. 0 days
- B. 1 day
- C. 2 or 3 days
- D. 4 or 5 days
- E. 6 or more days

15. During the past 12 months, how many times were you in a physical fight?

- A. 0 times
- B. 1 time
- C. 2 or 3 times
- D. 4 or 5 times
- E. 6 or 7 times
- F. 8 or 9 times
- G. 10 or 11 times
- H. 12 or more times

16. During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?

- A. 0 times
- B. 1 time
- C. 2 or 3 times
- D. 4 or 5 times
- E. 6 or more times

## 2009 YOUTH RISK BEHAVIOR SURVEY

17. During the past 12 months, how many times were you in a physical fight **on school property**?

- A. 0 times
- B. 1 time
- C. 2 or 3 times
- D. 4 or 5 times
- E. 6 or 7 times
- F. 8 or 9 times
- G. 10 or 11 times
- H. 12 or more times

18. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?

- A. Yes
- B. No

19. Have you ever been physically forced to have sexual intercourse when you did not want to?

- A. Yes
- B. No

**The next question asks about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.**

20. During the past 12 months, have you ever been bullied **on school property**?

- A. Yes
- B. No

**The next 5 questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide, that is, taking some action to end their own life.**

21. During the past 12 months, did you ever feel so sad or hopeless almost every day for **two weeks or more in a row** that you stopped doing some usual activities?

- A. Yes
- B. No

22. During the past 12 months, did you ever **seriously** consider attempting suicide?

- A. Yes
- B. No

23. During the past 12 months, did you make a plan about how you would attempt suicide?

- A. Yes
- B. No

## 2009 YOUTH RISK BEHAVIOR SURVEY

24. During the past 12 months, how many times did you actually attempt suicide?

- A. 0 times
- B. 1 time
- C. 2 or 3 times
- D. 4 or 5 times
- E. 6 or more times

25. **If you attempted suicide** during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

- A. **I did not attempt suicide** during the past 12 months
- B. Yes
- C. No

**The next 4 questions ask about tobacco use.**

26. How old were you when you smoked a whole cigarette for the first time?

- A. I have never smoked a whole cigarette
- B. 8 years old or younger
- C. 9 or 10 years old
- D. 11 or 12 years old
- E. 13 or 14 years old
- F. 15 or 16 years old
- G. 17 years old or older

27. During the past 30 days, on how many days did you smoke cigarettes?

- A. 0 days
- B. 1 or 2 days
- C. 3 to 5 days
- D. 6 to 9 days
- E. 10 to 19 days
- F. 20 to 29 days
- G. All 30 days

28. During the past 30 days, on how many days did you use **chewing tobacco, snuff, or dip**, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?

- A. 0 days
- B. 1 or 2 days
- C. 3 to 5 days
- D. 6 to 9 days
- E. 10 to 19 days
- F. 20 to 29 days
- G. All 30 days

29. During the past 30 days, on how many days did you smoke **cigars, cigarillos, or little cigars**?

- A. 0 days
- B. 1 or 2 days
- C. 3 to 5 days
- D. 6 to 9 days
- E. 10 to 19 days
- F. 20 to 29 days
- G. All 30 days

## 2009 YOUTH RISK BEHAVIOR SURVEY

The next 6 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

30. During your life, on how many days have you had at least one drink of alcohol?

- A. 0 days
- B. 1 or 2 days
- C. 3 to 9 days
- D. 10 to 19 days
- E. 20 to 39 days
- F. 40 to 99 days
- G. 100 or more days

31. How old were you when you had your first drink of alcohol other than a few sips?

- A. I have never had a drink of alcohol other than a few sips
- B. 8 years old or younger
- C. 9 or 10 years old
- D. 11 or 12 years old
- E. 13 or 14 years old
- F. 15 or 16 years old
- G. 17 years old or older

32. During the past 30 days, on how many days did you have at least one drink of alcohol?

- A. 0 days
- B. 1 or 2 days
- C. 3 to 5 days
- D. 6 to 9 days
- E. 10 to 19 days
- F. 20 to 29 days
- G. All 30 days

33. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

- A. 0 days
- B. 1 day
- C. 2 days
- D. 3 to 5 days
- E. 6 to 9 days
- F. 10 to 19 days
- G. 20 or more days

34. During the past 30 days, how did you **usually** get the alcohol you drank?

- A. I did not drink alcohol during the past 30 days
- B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station
- C. I bought it at a restaurant, bar, or club
- D. I bought it at a public event such as a concert or sporting event
- E. I gave someone else money to buy it for me
- F. Someone gave it to me
- G. I took it from a store or family member
- H. I got it some other way

## 2009 YOUTH RISK BEHAVIOR SURVEY

35. During the past 30 days, on how many days did you have at least one drink of alcohol **on school property**?
- A. 0 days
  - B. 1 or 2 days
  - C. 3 to 5 days
  - D. 6 to 9 days
  - E. 10 to 19 days
  - F. 20 to 29 days
  - G. All 30 days

**The next 4 questions ask about marijuana use. Marijuana also is called grass or pot.**

36. During your life, how many times have you used marijuana?
- A. 0 times
  - B. 1 or 2 times
  - C. 3 to 9 times
  - D. 10 to 19 times
  - E. 20 to 39 times
  - F. 40 to 99 times
  - G. 100 or more times

37. How old were you when you tried marijuana for the first time?
- A. I have never tried marijuana
  - B. 8 years old or younger
  - C. 9 or 10 years old
  - D. 11 or 12 years old
  - E. 13 or 14 years old
  - F. 15 or 16 years old
  - G. 17 years old or older

38. During the past 30 days, how many times did you use marijuana?
- A. 0 times
  - B. 1 or 2 times
  - C. 3 to 9 times
  - D. 10 to 19 times
  - E. 20 to 39 times
  - F. 40 or more times

39. During the past 30 days, how many times did you use marijuana on school property?
- A. 0 times
  - B. 1 or 2 times
  - C. 3 to 9 times
  - D. 10 to 19 times
  - E. 20 to 39 times
  - F. 40 or more times

**The next 12 questions ask about other drugs.**



## 2009 YOUTH RISK BEHAVIOR SURVEY

40. During your life, how many times have you used **any** form of cocaine, including powder, crack, or freebase?
- A. 0 times
  - B. 1 or 2 times
  - C. 3 to 9 times
  - D. 10 to 19 times
  - E. 20 to 39 times
  - F. 40 or more times
41. During the past 30 days, how many times did you use **any** form of cocaine, including powder, crack, or freebase?
- A. 0 times
  - B. 1 or 2 times
  - C. 3 to 9 times
  - D. 10 to 19 times
  - E. 20 to 39 times
  - F. 40 or more times
42. During your life, how many times have you taken a **prescription drug** (OxyContin, Percocet, Vicodin, Adderall, Ritalin, or Xanax) without a doctor's prescription?
- A. 0 times
  - B. 1 Or 2 times
  - C. 3 to 9 times
  - D. 10 to 19 times
  - E. 20 to 39 times
  - F. 40 or more times
43. During the past 30 days, how many times have you taken a **prescription drug** (OxyContin, Percocet, Vicodin, Adderall, Ritalin, or Xanax) without a doctor's prescription?
- A. 0 times
  - B. 1 Or 2 times
  - C. 3 to 9 times
  - D. 10 to 19 times
  - E. 20 to 39 times
  - F. 40 or more times
44. During your life, how many times have you taken **over-the-counter drugs** to get high?
- A. 0 times
  - B. 1 Or 2 times
  - C. 3 to 9 times
  - D. 10 to 19 times
  - E. 20 to 39 times
  - F. 40 or more times
45. During the past 30 days, how many times have you taken **over-the-counter drugs** to get high?
- A. 0 times
  - B. 1 Or 2 times
  - C. 3 to 9 times
  - D. 10 to 19 times
  - E. 20 to 39 times
  - F. 40 or more times

## 2009 YOUTH RISK BEHAVIOR SURVEY

46. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

- A. 0 times
- B. 1 or 2 times
- C. 3 to 9 times
- D. 10 to 19 times
- E. 20 to 39 times
- F. 40 or more times

47. During your life, how many times have you used **heroin** (also called smack, junk, or China White)?

- A. 0 times
- B. 1 or 2 times
- C. 3 to 9 times
- D. 10 to 19 times
- E. 20 to 39 times
- F. 40 or more times

48. During your life, how many times have you used **methamphetamines** (also called speed, crystal, crank, or ice)?

- A. 0 times
- B. 1 or 2 times
- C. 3 to 9 times
- D. 10 to 19 times
- E. 20 to 39 times
- F. 40 or more times

49. During your life, how many times have you used **ecstasy** (also called MDMA)?

- A. 0 times
- B. 1 or 2 times
- C. 3 to 9 times
- D. 10 to 19 times
- E. 20 to 39 times
- F. 40 or more times

50. During your life, how many times have you taken **steroid pills or shots** without a doctor's prescription?

- A. 0 times
- B. 1 or 2 times
- C. 3 to 9 times
- D. 10 to 19 times
- E. 20 to 39 times
- F. 40 or more times

51. During the past 12 months, has anyone offered, sold, or given you an illegal drug **on school property**?

- A. Yes
- B. No

**The next 8 questions ask about sexual behavior.**

52. Have you ever had sexual intercourse?

- A. Yes
- B. No

## 2009 YOUTH RISK BEHAVIOR SURVEY

53. How old were you when you had sexual intercourse for the first time?
- A. I have never had sexual intercourse
  - B. 11 years old or younger
  - C. 12 years old
  - D. 13 years old
  - E. 14 years old
  - F. 15 years old
  - G. 16 years old
  - H. 17 years old or older
54. During your life, with how many people have you had sexual intercourse?
- A. I have never had sexual intercourse
  - B. 1 person
  - C. 2 people
  - D. 3 people
  - E. 4 people
  - F. 5 people
  - G. 6 or more people
55. During the past 3 months, with how many people did you have sexual intercourse?
- A. I have never had sexual intercourse
  - B. I have had sexual intercourse, but not during the past 3 months
  - C. 1 person
  - D. 2 people
  - E. 3 people
  - F. 4 people
  - G. 5 people
  - H. 6 or more people
56. Did you drink alcohol or use drugs before you had sexual intercourse the last time?
- A. I have never had sexual intercourse
  - B. Yes
  - C. No
57. The last time you had sexual intercourse, did you or your partner use a condom?
- A. I have never had sexual intercourse
  - B. Yes
  - C. No
58. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)
- A. I have never had sexual intercourse
  - B. No method was used to prevent pregnancy
  - C. Birth control pills
  - D. Condoms
  - E. Depo-Provera (injectable birth control)
  - F. Withdrawal
  - G. Some other method
  - H. Not sure

## 2009 YOUTH RISK BEHAVIOR SURVEY

59. During your life, with whom have you had sexual contact?
- A. I have never had sexual contact?
  - B. Females
  - C. Males
  - D. Females and Males

**The next 8 questions ask about body weight.**

60. How do **you** describe your weight?
- A. Very underweight
  - B. Slightly underweight
  - C. About the right weight
  - D. Slightly overweight
  - E. Very overweight
61. Which of the following are you trying to do about your weight?
- A. **Lose** weight
  - B. **Gain** weight
  - C. **Stay** the same weight
  - D. I am **not trying to do anything** about my weight
62. During the past 30 days, did you **exercise** to lose weight or to keep from gaining weight?
- A. Yes
  - B. No
63. During the past 30 days, did you **eat less food, fewer calories, or foods low in fat** to lose weight or to keep from gaining weight?
- A. Yes
  - B. No
64. During the past 30 days, **did you go without eating for 24 hours or more** (also called fasting) to lose weight or to keep from gaining weight?
- A. Yes
  - B. No
65. During the past 30 days, did you **take any diet pills, powders, or liquids** without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)
- A. Yes
  - B. No
66. During the past 30 days, did you **vomit or take laxatives** to lose weight or to keep from gaining weight?
- A. Yes
  - B. No
67. During the past 30 days, how often did you go hungry because there was not enough food in your home?
- A. Never
  - B. Rarely
  - C. Sometimes
  - D. Most of the time
  - E. Always

## 2009 YOUTH RISK BEHAVIOR SURVEY

The next **2** questions ask about food you ate or drank during the past 7 days. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

68. During the past 7 days, how **many glasses of milk** did you drink? (Include the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

- A. I did not drink milk during the past 7 days
- B. 1 to 3 glasses during the past 7 days
- C. 4 to 6 glasses during the past 7 days
- D. 1 glass per day
- E. 2 glasses per day
- F. 3 glasses per day
- G. 4 or more glasses per day

69. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop such as Coke, Pepsi, or Sprite? (Do **not** include diet soda or diet pop.)

- A. I did not drink any soda or pop during the past 7 days
- B. 1 to 3 times during the past 7 days
- C. 4 to 6 times during the past 7 days
- D. 1 time per day
- E. 2 times per day
- F. 3 times per day
- G. 4 or more times per day

The next **4** questions ask about physical activity.

70. During the past 7 days, on how many days were you physically active for a total of **at least 60 minutes per day**? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

- A. 0 days
- B. 1 day
- C. 2 days
- D. 3 days
- E. 4 days
- F. 5 days
- G. 6 days
- H. 7 days

71. On an average school day, how many hours do you watch TV?

- A. I do not watch TV on an average school day
- B. Less than 1 hour per day
- C. 1 hour per day
- D. 2 hours per day
- E. 3 hours per day
- F. 4 hours per day
- G. 5 or more hours per day

## 2009 YOUTH RISK BEHAVIOR SURVEY

72. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet.)

- A. I do not play video or computer games or use a computer for something that is not school work
- B. Less than 1 hour per day
- C. 1 hour per day
- D. 2 hours per day
- E. 3 hours per day
- F. 4 hours per day
- G. 5 or more hours per day

73. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

- A. 0 days
- B. 1 day
- C. 2 days
- D. 3 days
- E. 4 days
- F. 5 days

**The next 3 questions ask about other health-related topics.**

74. Have you ever been taught about AIDS or HIV infection in school?

- A. Yes
- B. No
- C. Not sure

75. When was the last time you saw a doctor or nurse for a check-up or physical exam when you were not sick or injured?

- A. During the past 12 months
- B. Between 12 and 24 months ago
- C. More than 24 months ago
- D. Never
- E. Not sure

76. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?

- A. During the past 12 months
- B. Between 12 and 24 months ago
- C. More than 24 months ago
- D. Never
- E. Not sure

**The next 4 questions ask about your family, community, and future plans.**

77. Do you agree or disagree that your parents or other adults in your family have clear rules and standards for your behavior?

- A. Strongly agree
- B. Agree
- C. Not sure
- D. Disagree
- E. Strongly disagree

## 2009 YOUTH RISK BEHAVIOR SURVEY

78. During the past 30 days, how many times did you perform any organized community service as a non-paid volunteer, such as serving meals to the elderly, picking up litter, helping out at a hospital or building homes for the poor?

- A. 0 times
- B. 1 time
- C. 2 or 3 times
- D. 4 or 5 times
- E. 6 or more times

79. During an average week when you are in school, in how many clubs or organizations outside of school (other than sports teams), such as 4-H, Boys and Girls Clubs, YMCA, or, church groups, do you participate?

- A. 0 activities
- B. 1 activity
- C. 2 or 3 activities
- D. 4 or more activities

80. Do you agree or disagree that in your community you feel like you matter to people?

- A. Strongly agree
- B. Agree
- C. Not sure
- D. Disagree
- E. Strongly disagree

**The next 7 questions ask about the perceived harm from drug use.**

81. How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?

- A. No risk
- B. Slight risk
- C. Moderate risk
- D. Great risk

82. How much do you think people risk harming themselves (physically or in other ways) if they try marijuana once or twice?

- A. No risk
- B. Slight risk
- C. Moderate risk
- D. Great risk

83. How much do you think people risk harming themselves (physically or in other ways) if they try marijuana regularly?

- A. No risk
- B. Slight risk
- C. Moderate risk
- D. Great risk

84. How much do you think people risk harming themselves (physically or in other ways) if they try one or two drinks of an alcoholic beverage (beer, wine, liquor)?

- A. No risk
- B. Slight risk
- C. Moderate risk
- D. Great risk

## 2009 YOUTH RISK BEHAVIOR SURVEY

85. How much do you think people risk harming themselves (physically or in other ways) if they take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?

- A. No risk
- B. Slight risk
- C. Moderate risk
- D. Great risk

86. How much do you think people risk harming themselves (physically or in other ways) if they take four or five drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?

- A. No risk
- B. Slight risk
- C. Moderate risk
- D. Great risk

87. How much do you think people risk harming themselves (physically or in other ways) if they take five or more drinks of an alcoholic beverage (beer, wine, liquor) each weekend?

- A. No risk
- B. Slight risk
- C. Moderate risk
- D. Great risk

**The next 7 questions ask about attitudes toward cigarette, alcohol, and other drug use.**

88. How wrong do you think it is for someone your age to drink beer, wine, or liquor (for example vodka, whiskey, or gin) regularly?

- A. Very wrong
- B. Wrong
- C. A little bit wrong
- D. Not at all wrong

89. How wrong do you think it is for someone your age to smoke cigarettes?

- A. Very wrong
- B. Wrong
- C. A little bit wrong
- D. Not at all wrong

90. How wrong do you think it is for someone your age to smoke marijuana?

- A. Very wrong
- B. Wrong
- C. A little bit wrong
- D. Not at all wrong

91. How wrong do you think it is for someone your age to use LSD, cocaine, amphetamines or another illegal drug?

- A. Very wrong
- B. Wrong
- C. A little bit wrong
- D. Not at all wrong



## 2009 YOUTH RISK BEHAVIOR SURVEY

92. How wrong do your parents think it is for someone your age to drink beer, wine, or liquor (for example vodka, whiskey, or gin) regularly?

- A. Very wrong
- B. Wrong
- C. A little bit wrong
- D. Not at all wrong

93. How wrong do your parents think it is for someone your age to smoke cigarettes?

- A. Very wrong
- B. Wrong
- C. A little bit wrong
- D. Not at all wrong

94. How wrong do your parents think it is for someone your age to smoke marijuana?

- A. Very wrong
- B. Wrong
- C. A little bit wrong
- D. Not at all wrong

**The next 4 questions ask about the availability of cigarettes, alcohol, and other drugs.**

95. If you wanted to get some beer, wine, or liquor (for example vodka, whiskey, or gin), how hard or easy would it be for you to get some?

- A. Very hard
- B. Sort of hard
- C. Sort of easy
- D. Very easy

96. If you wanted to get some cigarettes, how hard or easy would it be for you to get some?

- A. Very hard
- B. Sort of hard
- C. Sort of easy
- D. Very easy

97. If you wanted to get some marijuana, how hard or easy would it be for you to get some?

- A. Very hard
- B. Sort of hard
- C. Sort of easy
- D. Very easy

98. If you wanted to get a drug like cocaine, LSD, or amphetamines, how hard or easy would it be for you to get some?

- A. Very hard
- B. Sort of hard
- C. Sort of easy
- D. Very easy

**This is the end of the survey.**

Thank you very much for your help.